Alpe Adria Cup 2025

25th Zagreb Open 2025 3 Days Event

Croatia

BULLETIN no. 2

June 13th – 15th, 2025







Alpe Adria Cup 25th Zagreb Open 2025 - 3 Days Event Foot orienteering - 4 races opened for everybody

IOF rules and Croatian Orienteering Federation regulations apply

Entries are the individual responsibility of competitors for each four Stages of 3-Days-Event: 1) Relay & Middle Distance, 2) Middle Distance, 3) Sprint 4) Long Distance. You can choose stages independently, but for the final result, two stages Middle(2) and Long(3) sum up. There is one victory ceremony after the Relay, one after the Sprint only for Sprint, and one after the Long Distance last stage.

Organizers:

Main Organizer: Orienteering Club "Vihor", Zagreb, Ribnjak 2, Croatia

□ vihor@vihor.hr

www.vihor.hr



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THE CAPITAL OF CROATIA



Grad Jastrebarsko



Općina Krašić



Grad Ozalj



Družba "Braća Hrvatskoga Zmaja"



General Information:

Type of Event:

• 3 Days with four Events "Alpe Adria Cup 2025" & "Zagreb Open 2025" (June 13th-15th)* /* for Event "Zagreb Open 2025" 2 stages Middle (2) and Long (4) sum up for finall result

Competition Centre:

Competition Centre Location(s):

Competition Centre is generally situated in the Finish Arena of every stage (there will be an Info Tent). For detailed time schedules, see further info.

		GPS coordinates of Event Center
Friday 2025-06-13	Sesvete (Zagreb)	45.832941, 16.105328
Saturday 2025-06-14	Ozalj - Middle distance CC	45.609754, 15.468735
	Ozalj - Sprint distance CC	45.614257, 15.479744
Sunday 2025-06-15	Vukšin Šipak	45.611538, 15.552452

Note: <u>These are **not** locations of parking places!</u>. These are only locations of the Finish Arenas!

Event Programme:

Schedule

			first start		
Friday	2025-06-13	STAGE	14:00 Relay	Sesvete	Relay AA cup & Relay AA cup &
		1	14:45 Side Event 17:00	(Zagreb)	Side Event for individuals (approx. Middle)Prize Giving Ceremony AA Relay
Saturday	2025-06-14	STAGE 2	10:00	Ozalj	AA cup Middle Distance (A)Zagreb Open 2025 Middle Distance (A)
	2025-06-14	STAGE 3	16:00 18:30	Ozalj	SprintPrize Giving Ceremony only for Sprint
			19:30	Ozalj - Old Town	 Team leaders meeting (two persons per AA Team)
Sunday	2025-06-15	STAGE 4	10:00	Vukšin Šipak	 AA cup Long Distance (B), WRE Zagreb Open 2025 Long Distance (B) + Prize Giving Ceremony Zagreb Open A+B + Prize Giving Ceremony Zagreb Open WRE + Prize Giving Ceremony Alpe Adria Team Event



STAGE 1	Relay (according	MW 18 (Mixed), W 21, M 21, MW 35 (Mixed)					
	to AAC rules):	3 persons relay, everybody applies, but only official Teams count for AA					
	Individual Side	Individual Long, Individual Middle, Individual Short					
	Event - Middle						
STAGE 2 &	Middle Distance	Classes for 25th Zagreb Open or Alpe Adria Cup					
STAGE 4	Long Distance	W12 W14 W16 W18 W20 W21E W21B W35 W45 W55 W65					
		M12 M14 M16 M18 M20 M21E M21B M35 M45 M55 M65 M70					
		OPEN short, OPEN long					
		Open LONG class is the equivalent (same or similar) of M35 class					
		Open SHORT class is the equivalent (same or similar) of M14 class					
		Classes with few entries will be merged with other classes according the age of					
		competitors					
STAGE 3	Sprint in Ozalj	NA40 10/40 NA44 10/44 NA4C 10/4C NA00 10/00 NA04 10/04 NA05 10/05 NA45 10/45					
		M12, W12, M14, W14, M16, W16, M20, W20, M21, W21, M35, W35, M45, W45,					
		M55, W55, M65, W65, OPEN					

Warning!

After the expiration of the deadline for final entries, participation in any "Zagreb Open" classes will only be permitted if there are available free places, with the exception of the Open Short and Open Long categories, which will be accepted for entries after June 2nd but only upon request via e-mail.

Prize Giving and Awards:

4 Days Event for "Zagreb Open 2024" (May 30th to June 2nd)

For final result OF_"Zagreb Open 2025" **Stages 2 and 4 sum up**. There is one victory ceremony after the last Stage for the Zagreb Open Event.

- 2025-06-13. Prize giving ceremony for AA Cup Relay and 3 OPEN classes
- 2025-06-14. Prize giving ceremony for Sprint Event (Stage3),
- 2025-06-15. Prize giving ceremony for World Ranking Event on Stage 4
- 2025-06-15. Prize giving for Stages 2, 4 added together for overall ranking of Zagreb Open 2025 Event
- 2025-06-15. Prize giving for Alpe Adria Cup Team Event (Cup prizes for first 5 Alpe Adria Teams)

Prize giving ceremonies for all Events will be at the Finish arenas on every Stage.



Course lenghts:

OPEN				Stage 4	
	RELAY	MIDDLE	SPRINT	LONG	
Distance to the	420 m = from finish area!	50 m	900 m	30 m	
Start					
M21E	5,4 - 5,7 km 100m 14-15KT	5,7km 280m 22KT	2,9km 100m 29KT	11,1km 450m 22KT	
W21E	4,7 - 4,9 km 90m 12-13KT	4,9km 220m 17KT	2,7km 100m 27KT	8,6km 330m 17KT	
M12		1,8km 60m 9KT	1,9km 80m 19KT	1,9km 70m 8KT	
W12		1,8km 60m 9KT	1,9km 80m 19KT	1,9km 70m 8KT	
M14		2,2km 80m 9KT	2,0km 90m 22KT	90m 22KT 2,7km 110m 11KT	
W14		2,2km 80m 9KT	1,9km 80m 22KT	2,7km 110m 11KT	
M16		4,2km 180m 14KT	2,1km 90m 22KT	5,4km 140m 14KT	
W16		3,5km 120m 15KT	2,0km 90m 22KT	4,6km 150m 10KT	
M18		4,5km 210m 16KT		7,3km 250m 14KT	
W18		3,7km 170m 15KT		5,1km 160m 12KT	
W20		4,3km 210m 17KT	2,5km 90m 26KT	3,6km 190m 17KT	
M20		4,6km 210m 16KT	2,6km 90m 26KT	8,4km 300m 15KT	
M21B		4,2km 180m 14KT		5,4km 140m 14KT	
W21B		2,8km 100m 11KT		5,0km 140m 11KT	
M35		4,6km 210m 16KT	2,7km 100m 27KT	8,4km 300m 15KT	
W35		4,5km 210m 16KT	2,5km 90m 26KT	7,3km 250m 14KT	
M45		4,3km 210m 17KT	2,4km 90m 26KT	6,4km 240m 14KT	
W45		3,7km 170m 15KT	2,1km 90m 22KT	5,4km 160m 11KT	
M55		3,7km 170m 13KT	2,5km 90m 26KT	4,8km 160m 10KT	
W55		3,5km 120m 12KT	1,9km 80m 22KT	3,9km 120m 10KT	
M65		2,9km 120m 13KT	1,7km 80m 19KT	3,8km 140m 11KT	
W65		2,5km 80m 12KT	1,7km 80m 19KT	2,6km 80m 11KT	
M70		2,5km 80m 12KT		2,6km 80m 11KT	
OPEN LONG	4,9km 90m 15KT	4,5km 210m 16KT	2,0km 90m 22KT	8,4km 300m 15KT	
OPEN SHORT	2,8km 40m 11KT	2,2km 80m 9KT	2,0km 100m 8KT	2,8km 110m 11KT	
OPEN MIDDLE	3,8km 50m 12KT				
MW35 MIX	4,7 - 4,9km 80m 11-12KT				
MW18 MIX	4,8 - 5,0km 90m 11-12KT				

Embargoed Areas:

All competition areas are embargoed areas for competitors. Please respect Fair-play and do not train on old maps before the competition. Town area of Ozalj is embargo area for Stage 3 (Sprint area) so please after the Middle Distance go to the CC of Sprint at the river bank. You can also go to the big market Konzum in the center of the town but please do not walk around the City (Old Town is also embargoed area)



Entry fees for "Zagreb Open 2025 & Alpe Adria Cup"

Banking details:

IBAN: HR6524840081101296342

SWIFT: RZBHHR2X Bank: Raiffeisen Bank

Recipient: ORIJENTACIJSKI KLUB VIHOR

Ribnjak 2 10 000 Zagreb Croatia

Entry fee:

ALPE ADRIA TEAMS

Alpe Adria Competition	Category	Entry Fee
Relay	MW-18 teams	15€
	W21, M21, MW35	30€
Individual (middle and long)	M/W-18	5€ / stage
	MW21 and older	10€ / stage

All entries for AAC teams must be made until 02. 06. 2025. (including members/leg for relay teams).

ZAGREB OPEN EVENT

Prologue Stage on Friday

All categories: 12€/race

Stage 1 to 3 (Individual)

Categories for Zagreb Open Event	First minute entry until 1.1.2025.	Entry until 21.4.2025.	Last minute entry until 02.06.2025.
M/W12 to M/W18	7€ /stage	8€ /stage	10€ /stage
	21€ all 3 stages	24€ all 3 stages	30€ all 3 stages
	28€ all 3stages + sprint	32€ all 3stages + sprint	40€ all 3stages + sprint
M/W20	9€ /stage	10€ /stage	12€ /stage
	27€ all 3 stages	30€ all 3 stages	36€ all 3 stages
	36€ all 3stages + sprint	40€ all 3stages + sprint	48€ all 3stages + sprint
M/W21 and older, Open	12€ /stage	16€ /stage	19€ /stage
	36€ all 3 stages	48€ all 3 stages	57€ all 3 stages

64€ all 3stages + sprint

Bank transfer should be made until 3 days after the specific entry deadline or you will be transferred to next entry deadline

48€ all 3stages + sprint

Please include in your payment **fee** for bank charges on your account for payments not paid via SEPA bank transfer payments (EU internet banking). We will inform you if Bank charges exceed regular fee and it will be billed to you. Please do not use REVOLUT payment method as the bank charges are very big and you will have to cover those costs.

Registration will be through the platform: www.orienteeringonline.net

Friday - Relay and middle distance

- Entry link

76€ all 3stages + sprint



Middle Distance and Long distance Sprint Distance WRE classes should also make entry on Eventor

- Entry link

- Entry link - Entry link

If need you can make entry via our e-mail: vihor@vihor.hr

Entry is not valid until entry money is received. Fees to be paid latest within 7 days after the deadline in which entry was submitted. All fees have to be paid in advance by our bank account.

Basic information:

Map Protection:

Maps are printed on plastic paper, which is water and tear resistant, so there is absolutely no need for a plastic bag.

Bib Numbers:

All competitors are obligated to wear bib number / Start number on their chest on the competition.

Please take your own safety pins for number bib . We will have certain amount of them in CC.

Control Descriptions:

There will be **no** control descriptions available prior to the starting corridors. Control descriptions for hand-holders will be provided at the Start, inside the second starting corridor for all Stages. Control descriptions **are also printed on the maps** for <u>all Stages</u>.

Starting List

All the categories, including Open, are required to Start by Start list **except on the Relay day**. OPEN classes can start in the interval from 14:45 - 15:30 on the start station.

Starting procedure

The Starting procedure is as follows:

- 3 Minutes: checking Start bib and Si Card number, clean and check Si Cards
- 2 Minutes: take control descriptions (they are on all the maps, also)
- 1 Minute:
- 0 Start (no Start-unit)
- map taking
- Passing by a Starting Point is mandatory

Late Starters

WARNING: There will <u>not</u> be a direct route to Starting line for runners arriving late to the Start. Anybody arriving late will be let on a course only when a marshal approves, probably on a vacant spot, and new Starting time <u>will not</u> be granted. In the results the original Starting time will count! Starting on time according to the Start list is competitor's responsibility. Only in case of special complication an organizer may give a competitor a new Starting time.

Taking maps and giving them back:

At the Start, each competitor takes the map at his/her own responsibility. Check it to make sure that the one with correct course was taken. After the Finish you are kindly asked for fair play not to show your map to the runners who did not start yet. On most Stages we will collect the maps until the Start Finishes so please put your map in the bag or place with the name of your club.

Map Exchange during the Race



There is a **map flip** at the sprint race (STAGE 3)

Timekeeping

All categories, including Open, are controlled through the SPORTident system (SIAC contactless). You can use any SI-Card from version 5 above.

It is possible to rent SI-Card for 2€ per Stage. Upon renting you will be asked for 40€ deposit (per card) or a personal document (optionally), which you will be given back immediately after SI-card is returned.

Rented SI-Card will be withdrawn after the last Stage at which the competitor is registered.

If the SI-Card is lost by the competitor s/he must pay a penalty of 40€.

NO SIAC cards will be rented

Results

Live results will be displayed at the Finish area and online. Use QR code which will be on display at Finish area.

First Aid and Ambulance:

A medical doctor will be present on every Stage at the Finish area.

Organizer does not insure competitors. Organizer takes no responsibility for any injuries or health issues that might happen or occur among the participants before, during or after competitions. Each competitor takes part solely on his/her own responsibility. Personal health and travel insurance policy is recommended.

SI Station Working and Control Placement Insurance



In the case of SI station on control not working the competitor must punch manually into his own map, on the place which is printed for manual punching.

The competitor then must warn the organizer and hand out a map with those punches to the organizers upon his Finish.



Most of control flags in town will be guarded.

Organizer will put little papers around the control on the ground, with number of control point so only if the control point is **missing** take the paper with you and bring it to the Finish.

Vehicle Traffic on Courses

Forest terrains have light car-traffic road or only minor non-paved vehicle tracks with minor traffic (quads and tractors).

For Sprint Stage, most of the courses are with only light traffic. There will be some mandatory crossings. Traffic will not stop at any time.

Tents:

Clubs are allowed and advised to pitch a tents on all Stages.

The organizer will provide smaller tents for personal baggage only on forest Stages in case of bad weather, so please be considerate with using that space.

Baggage Transport:



There will be no organized transport of baggage or clothes. Please, don't leave clothes on the Start

Separate Start

If you are with a small child, the parents may request separate Starting times in advance. Make request as early as possible now, with your application, in written form. These requests will be handled as far as possible and <u>only upon a personal request</u>.

Photo/video:

GDPR (General Data Protection Regulation) - It is presumed that everybody participating approves of being photographed / filmed. The photos / videos / will be used strictly referring to this event and sports purposes. If anybody object to this, please inform the organizer in advance. Then, in case your personally recognizable image mistakenly appears at organizers website, inform us later, and we will take it down.



Alpe Adria Cup:

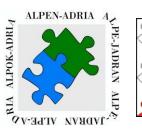
Alpe Adria Categories:	Competition	Categories	Max. nr. of runners for region and category
	Individual	W16, M16, W18, M18	2
		W21, M21	4
		W35, M35, W45, M45	2
	Relay	MW18 (Mixed), W21, M21, MW35 (Mixed)	2 teams, 3 runners per team
	In the Mixed ve	uth astogory (MM 18) and the Mixed Masters	estagony (MM) 25) asah Balay taam has ta

In the Mixed youth category (MW 18) and the Mixed Masters category (MW 35) each Relay team has to contain at minimum one female runner. Female runners of all age are allowed to start in M21 relay teams.

Alpe Adria Regions:

The member regions are:

- o Baranya (HUN)
- o Bayern (GER)
- Burgenland (AUT)
- o Friuli Venezia Giulia (ITA)
- o Györ-Moson-Sopron (HUN)
- Hrvatska (CRO)
- Kärnten (AUT)
- Lombardia (ITA)
- Oberösterreich (AUT)





Alpe Adria Orienteering Group

- Slovenija (SLO)
- Somogy (HUN)
- Steiermark (AUT)
- o Ticino (SUI)
- Trentino-Südtirol (ITA)
- Vas (HUN)
- Veneto (ITA)
- o Zala (HUN)

The member regions are named in their home language.



Croatian Orienteering Federation

Accomodation:

In Zagreb, everything is nearby! On one hand a lot of attraction are in the city center and easily accessible on foot. On the other, attractions which are a bit further are accessible by cheap public transportation.

Regardless of what you decide on where to stay in Zagreb, you will have easy access to the city and its attractions.

When we say the city center, we always talk about the Main ban Josip Jelačić square. From there you have easy access to most <u>Zagreb attractions</u>.

Zagreb is a 900-year-old city, but most of its accommodation units have been renovated and updated. Never the less they will all tend to keep as much of the old charm as possible.

We are a safe city and will welcome all type of travelers. Mostly categorized Hotels, Apartments are recommended for families and groups of friends. Hostels, on the other hand, we recommend for youth.

Zagreb welcomes you, and it gets more and more visitors every year. Please plan and book your stay early. Especially if you plan on visiting during major events and festivals.

Start planning and book your stay on the time in Zagreb! Summer is a busy time of tourist season.

Hotels

Apartments

Hostels

Camping, Glamping and Bungalows in Zagreb

Camping Croatia

Kupa region (Ozalj) - Accommodation and tourist offers

Camper Vans:

There are few spots in the city where you can park for free but not officially for camping. Zagreb has also official camp if you need electricity, water supplies etc.

Other Accomodation:

Other accommodation is also available. Please, contact with hotels directly.

Look at the regions Jastrebarsko, Ozalj and Karlovac for additional possibilities of accommodation.

Catering - Stage 4:

Stage 4 will be hosted by local municipality of village Vukšin Šipak and you will be able to order some food at the finish arena. There will be hot-dogs (5€), Bean soup with bread (6€) in limited number (mostly for pre-ordered meals). Variety of drinks and coffee, tea etc. will also be available.



Embargoed Areas:

All competition areas are embargoed areas for competitors. Please respect Fair-play and do not train on old maps before the competition.

Claims and Complaints:

Zagreb Open & Alpe Adria Cup - In the case of canceling the stage/course/ for any class, the organizer will sum-up the final results in his own manner, taking in consideration the best way to maintain fairness.

Toilets :

Sufficient sanitary cabins will be provided by the organizer at each Stage. It is strictly forbidden to enter the competition areas to avoid the cabins, and to use private ground or facilities to do so.

Sun:

Although this is a continental area, it is more southern than most of the people are used to, so be aware that you can easily get sunburned. Wear a sunscreen SPF30 or higher, wear head cover and sun glasses. Avoid to stay in the sun in the middle of the day. Sprinkle yourself with water. Don't jump into the river or lake when overheated.

Bugs and Animals:

There are <u>no</u> animals which are dangerous. There are no animals that bite or sting other than mosquitoes and some horse flies. Wasps, bees and hornets are very rare, and most likely will not engage with you.. Nothing will happen. You might see some bigger animals like dears, rabbits and all other not-harmful forest inhabitants, but they run away. Snakes are rare, and poisonous snakes are extremely rare in these areas.

You have to be aware of the ticks. There are many. Change clothes, shower and check up your whole body. If a tick sticks to you, which is a slow process, just gently remove it by pulling in slowly upwards, and in following days and weeks check that area. If a rash or redness appears, and stays for many days, visiting your doctor is mandatory!

Pets:

For your own pets:

It is strictly forbidden to get your own pet (dog) to the area of the Start and onto the orienteering course. Pets in the Finish Arena are allowed, but keep them on a leash and so that in no manner they disturb competitors. Please keep them safe, in the shadow and <u>hydrated</u>.



If you have any doubts, contact the organizer.

If you have an emergency health situation with your pet, here are lists of vets on duty

https://www.zgportal.com/zgservis/dezurni-veterinar-u-zagrebu-hitni-ambulantni-prijam-za-male-zivotinje/#veterina

Water and Hydration:

Important!

Tap water from public water supplies is drinkable all around north Croatia. You don't need to purchase water in supermarkets.

Due to possibility of hot weather please pay special attention to water hydration. Start drinking before you are thirsty! Drink a little bit of water all the time.

Upon Finish there will be water provided by the organizer.

Stage 1 does not have running water nearby, so bring your own supply. The supermarket is right across the street.

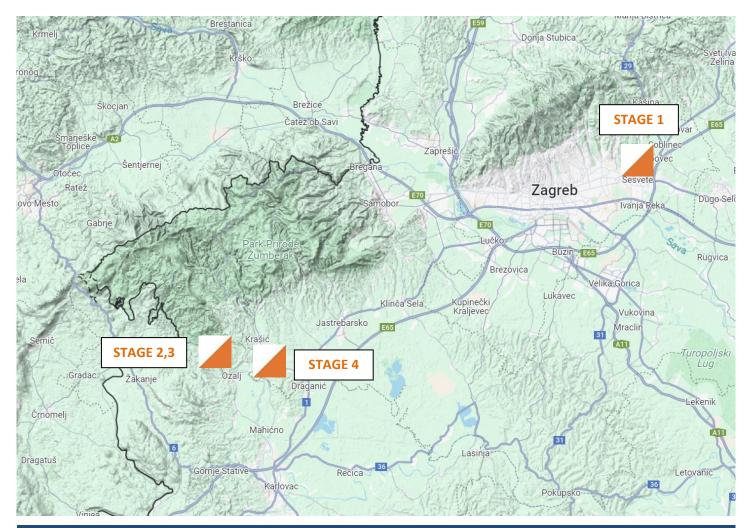
Stage 2 and 4 - bring your own supply! The organizer will put water by the finish corridor, but for drinking only. Be considerate in consuming, so there is enough for all the runners. Please use water when provided by organizer sparingly and for drinking only. Do not use non-tap water or bottled water for showering and washing!!

Stage 3 is by the river;)



Whereabouts Stages

- ✓ Stage 1 Sesvete Zagreb
- Stage 2, 3 Ozalj
- Stage 4 Vukšin Šipak (Krašić)



ZAGREB SESVETE

2025/06/13 (Friday)

Traffic

Important note!

For all the stages go earlier than advised by Google Maps or other info alike!

In the summer time there can be a lot of traffic on Saturday and Sunday from Zagreb via highway so good option also is to take the local road to Jastrebarsko if there is a lot of traffic or congestion. It is just few minutes slower. Check google maps for traffic information. Start early from your accommodation! Check the situation!

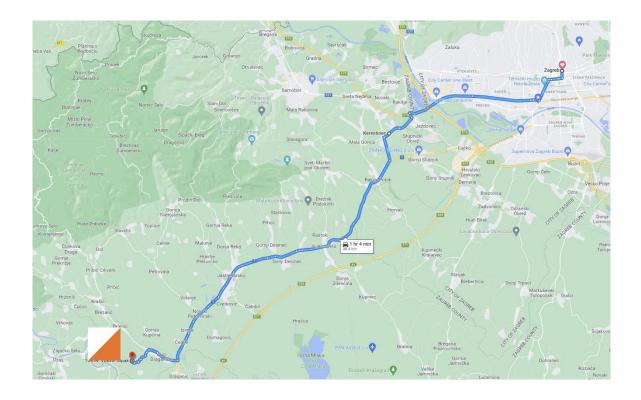




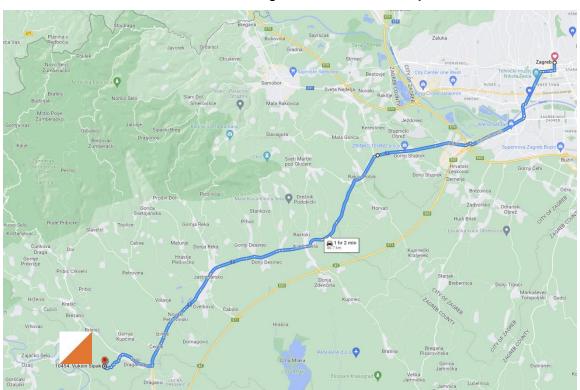
Dark blue - highway, light blue alternative road to Ozalj

Alternatives from Zagreb to Vukšin Šipak (Stage 4) on Sunday Solution 1: Zagreb - Kerestinec - Vukšin Šipak





Second solution - Zagreb - Lučko - Vukšin Šipak



Very Important General INFO:

CLOTHING AND FOOTWEAR

For all forest stages longer pants and calf protection (gaiters) are highly recommended. Undergrowth has thorns. Orienteering shoes are recommended. Earth is soft, and without any stones, so dub-spikes are not necessary. There are some sporadic stones and cliffs in the forest but nothing that can slow you down on running.

Metal studs (dub-spikes) are allowed but not recommended at all. Ordinary asphalt running shoes may be used, but best is to use good trail-running shoes

WATERCOURSES AND MARSHES

Due to possible very hot weather, most of the water areas will be completely dried out, but visible. All water creeks are passable.

There is a canal on Stage 1 (Day 1) for which a Mandatory Crossing will apply.



STAGE 1 - RELAY and Individual

2025/06/13 (Friday)

STAGE 1

Map:

Alpe Adria Cup 2025 - Relay

Individual Side Race

GPS: 45.832941, 16.105328

Distance from Zagreb Center: 4 -15km (public transport 30 minutes)

Parking Location/Coordinates: P1 45.831642, 16.105260 P2 45.830135, 16.105181 P3 45.833527, 16.105762

Type of Competition: AA Cup Relay Distance - winner time 30-40 min

Middle Distance for individuals - winner time 30 min

Beautiful continental forest, slightly hilly, some small green areas, fast running

ISOM 1:7500; some fallen trees due to heavy storm in 2023

Cartography: Ivana Gobec 2023; revised by Tomislav Vuk 2025

Time Schedule: 12:30 - CC opens

13:45 - Relay demonstration

14:00 - first Start of Relay (M&W21)
14:15 - first start of Relay (Mix 18, Mix35)

14:45 - 15:30 - start of Individual race (on the start station - no start list)

17:00 - Prize giving ceremony

Other information: Due to heavy storm a few years ago some parts of forest have quite a lot trees on

the ground and there are lot of tree trunks. Most of them are marked on the map,

but only few control point will be on that feature.

A lot of rain and sun in-between made the forest more "green" that expected and

maps so some small parts have more density of the forest.

Relay: All legs of the Relay will have to walk to the start approximately 420m from the

finish arena. You will be able to see the start from the finish arena but there is a

deep narrow canal in between.

Handing over the Relay will be "noisy" with no hand contact. It is very close to hand contact, but a canal is a little bit too wide for a hand touch. So, a runner who is exchanging the Relay will squeeze the horn (not a joke) at the area for an

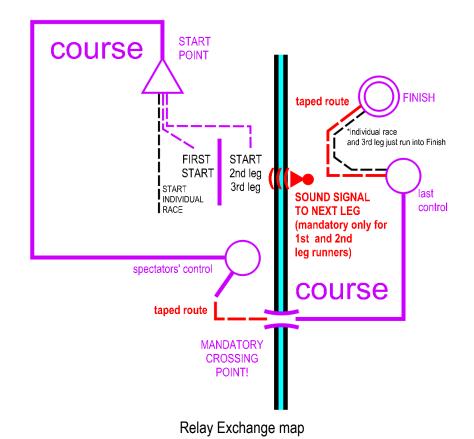
exchange. On the other bank of the canal his team-mate will see him and hear the

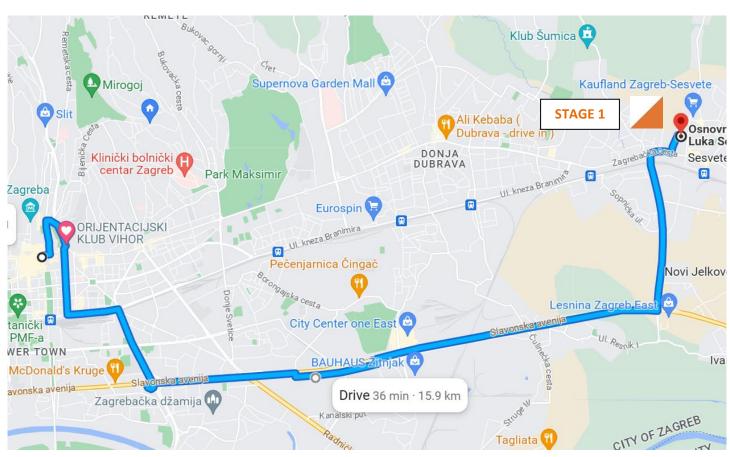
noise of the horn and after that he can go to the course.

Second and third leg runners should warm up near the start area (420m) so they can see they Team runner passing the spectators point. After that point runner has about 2-3 minutes to the finish arena and "horn" place. (see the Relay exchange

map below)







Depending on your accommodation, there are lot of options to reach the competition on stage 1.







Novoselčina / Zagreb - Sesvete / - Map Sample:



Novoselčina / Zagreb - Sesvete / - Photos:









STAGE 2

Alpe Adria Cup - Middle Distance Zagreb Open 2025 - Middle Distance GPS CC STAGE 2 (Middle distance): 45.609754, 15.468735

Distance from Zagreb: 60 km

Parking Location / Coordinates: Town Ozalj - all parking places will be available for both races in Ozalj

(Everything is at the walking distance)

Type of Competition: Middle Distance in the morning & Sprint Distance in the afternoon

Type of Terrain: Nice continental forest, slightly hilly, detailed, some parts technical with stones,

very fast running on some parts and slower running in more green parts

Map Middle Distance: ISOM 1:10000; new map, never used for orienteering before

Cartography: Ivana Gobec, Damir Gobec 2025

Zagreb - Ozalj - Transport:





Competition Center

Time Schedule:

08:30 - CC opens

10:00 - first Start

NO prize giving ceremony for Middle distance race (results are combined with long Sunday distance)

Sprint race competitiors please do not go to embargoed areas after the Middle distance race!

Other important information:

There has been a small forest work. We have put it on the map but if there will be more of it in the mean time keep that in mind when you see fresh cut trees. It should not influence you on your route choice

respect the finish arena and take your garbage with you or put it in a trash bag



Comparison of features, as mapped:





Ozalj - Map Sample:



Ozalj / town and forest - Photos:









OZALJ - SPRINT

2025/06/14 (Saturday)

Zagreb Open 2025 - Stage 3: Sprint Distance GPS: 45.614257, 15.479744

Parking Location/Coordinates: town Ozalj, same as for the middle distance (you can re-park to closer parking or

walk to the finish arena)

CC: 45.614257, 15.479744

Type of Competition: Sprint Distance - winner time 12-15 min

fast running, mostly paved roads and urban parks

Map: TOWN OZALJ , 1:4000 / 2.0m, ISSprOM2019-2, new map

SCORE MAP, 1:750 / 2.0m, ISSprOM2019-2, new map

Cartography: Damir Gobec 2025

Time Schedule: 14:30 - CC opens

14:30 - sprint quarantine Starts (finish arena - Ozalj beach area)

- you are allowed to walk to the start (blue-white rebons)

16:00 - first Start

18:30 - prize giving ceremony for sprint race

Special rules: Sprint race will have two parts. Time will start as at the normal race and finish time will be at finish line as usual. First part of the race is SCORE system (you are allowed to pick up the controls in any order you like but you have to pick them all - 9 of them). After that part you will have a 190m route to follow which will lead you to



the "normal" part of the sprint race. SCORE is on the one side of the map and after you finish it you flip the map and continue to the course.

Distance to the Start: 900m

Warm-Up Area: Along the path to the start

Traffic warning: Watch for the traffic. There will be no special traffic regulations. Traffic is light but

please watch and be careful when crossing the roads. We will have maned passages and they can stop the traffic or a runner depending on the situation on

the road (please respect this as we care about your safety)

Water: Water will be supplied at the Finish. There is also a public shower in the finish arena

Other important information:

ALL EXISTING FENCES AND RAILS ARE FORBIDDEN TO JUMP OVER

- We will try to control the traffic on the major roads but be careful during the race although the traffic will be very light on the side roads
- You will pass railway on some point. It is not in the function (no trains) but please be careful not to fall on the railway when passing it as there are some vires along the railway (it will be marked)
- Use toilet cabins or public toilets at the finish arena for your needs
- Enjoy the race. As it is a second race in the day and there are a lot of runners on the list in the morning if there will be a need to postpone the start we will let you know but hopefully there will not be need for it. Enjoy your time at the beach relaxing between the races.

Quarantine

Town area of Ozalj is embargo area for Stage 3 (sprint area) so please after the Middle distance race go to the finish arena of sprint at the river beach in Ozalj. You can also go to the big market Konzum in the center of the town but please do not walk around the City (Old town is also embargoed area). After 14:30 you should be at the finish arena. You will have toilets there and possibility to eat (restaurant is at the beach)



STAGE 4 Alpe Adria Cup - LONG Distance Zagreb Open 2025 - Long Distance

GPS: 45.611538, 15.552452

Distance from Zagreb: about 48 km

Parking Location/Coordinates: drive towards CC and you will be parked by our traffic personnel (please it is

a narrow road and do not park alog the road so that you block the passage of

bigger vehicles)

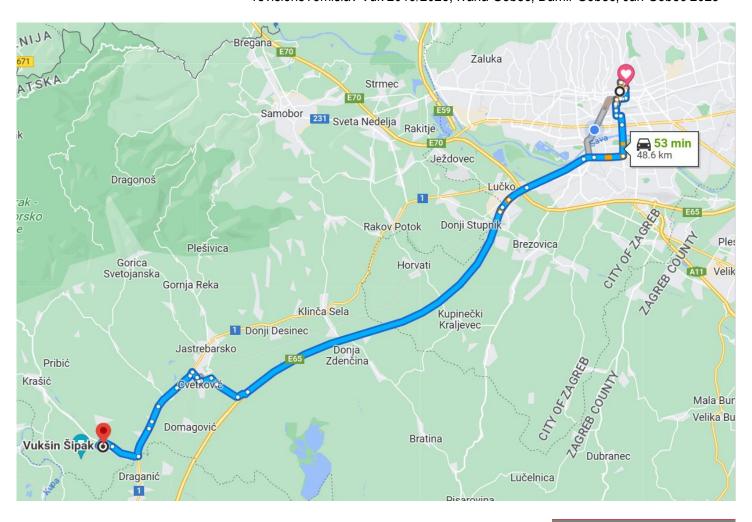
Type of Competition: Long Distance

Type of Terrain: Beautiful clean continental forest, hilly, very detailed, very technical, fast running

Map: ISOM 1:10000 and 1:7500 for Masters classes age 55+;

Cartography: Georgi Hadzhimitev, Valentin Garkov, 2019, parts Ivana Gobec 2019-2023,

revisionsTomislav Vuk 2019/2023, Ivana Gobec, Damir Gobec, Jan Gobec 2025







Time Schedule:

8:30 - CC opens

10:00 - first Start

14:30 - prize giving ceremony for Zagreb Open & Alpe Adria Cup and World Ranking Event

(aproximately schedule depending on the runners in the finish arena)

Other important information:

There has been extensive forest work in one part of the map. We tried to avoid that part of the map as it has massive new forest paths, which are full of mud. It is indicated in purple on the map. It will not be forbidden to pass there but keep in mind that it will slow you down if you end up there (it will not be on the good route choice anyway)

- red-white tapes in the forest are not organizers tape so ignore them! They are there due to forestry work and there are very few. The only taped route which is taped by the organizers is a mandatory crossing point and you will be able to recognize it
- A lot of rain made the forest more "green"
- Some paths have high grass so there are maybe less visible
- Refreshment point will be on the approximately half of the course for all courses longer than 6km

Krašić - Map Sample:







Krašić - Photos:









Bulletin 2





Arriving to Zagreb by Bus and Train:

The main railway station and international bus terminals are situated in the centre of Zagreb.

Bus: https://www.akz.hr/en
Train: http://www.hzpp.hr/en

Transport from Airport:

ZET (Zagreb Electric Tram)

Bus line no. 290: AIRPORT ZAGREB - KVATERNIKOV TRG

Bus to the main bus station in City centre

https://www.zagreb-airport.hr/en/passengers/to-from-the-airport/by-airport-shuttle/89

Departures are scheduled every 35 minutes. First departure on weekdays and Saturdays from Kvaternik Square is at 04:20a.m. and on Sundays at 05:20a.m., while the last departure from Velika Gorica is every day at 00:15a.m. Check the costs: probably around 2€., because there are 2 zones.

Public Transport in the City of Zagreb:

ZET public transport: http://www.zet.hr/ -



It is recommended to buy one-time tickets for a single ride on newspaper kiosk. You can purchase a ticket inside the vehicle, but not recommended, because it is 30% more expensive.

The <u>cheapest single ride ticket is only 0,53€</u> and it is valid for 30 minutes in one direction. There are also tickets for a single ride which are valid for 60 minutes (0,93€) and 90 minutes (1,33€).

Taking a **daily ticket** is also recommended. A daily ticket for all city buses and tram lines costs 3,98€ Ask for "dnevna karta" = a ticket for a whole day. A daily ticket can most commonly be purchased from a driver. It is valid for only for that particular date and it must be "punched" during the first ride.

Use app - Moj ZET, Aplikacije na Google Playu

Taxi Services:

There are many taxi services in Zagreb. They are almost the same price. Use the approximate calculator and be aware of the price. Ask in advance for approximate price.

Online price calculator: https://taxicijene.info/





Money Exchange

Currency and Payments in Croatia:

Money exchange offices ("Mjenjačnica") are convenient everywhere, but most of them have working hours. Banks and post offices will also change money at about the same rate as exchange offices but their opening hours are shorter. You will pay a commission of about 3%. ATMs are convenient and reliable. Just look for the "Bankomat" sign.

Payment via debit cards or credit cards is acceptable almost in every store or a restaurant, but if you want to buy smaller things like ice-cream or drinks etc. you can only pay in cash in Euro.

If you need exchange office here is the link on their web page: http://www.funta.hr

Waether Conditions

Climate in Croatia is continental. June is a nota high summer, with the average temperatures rarely falling below 15°C or exceeding 30°C, but last couple of seasons the temperatures might hit higher than 30°C on some days. June average nights are comfortable as the temperatures mostly stay below 19°C and the humidity is moderate. A thunderstorm once every 3-4 days can be expected, as well as it is possible to have a few rainy days in a row. An umbrella and raincoat are convenient to take care of the rain.

For precise weather forecast during competition check out the Croatian meteo service: www.meteo.hr

First Aid and Ambulance:

A medical doctor will be present on every Stage at the finish area.

Competitors are not insured by organizer. Organizer takes no responsibility for any injuries or health issues that might happen or occur among the participants before, during or after competitions. Each competitor takes part solely on his/her own responsibility. Personal health and travel insurance policy is recommended.

In a case of a serious problem the Ambulance Emergency will be called. The common emergency telephone number is 112. It can be dialled free of charge from any fixed or mobile telephone in order to reach emergency services (ambulance, fire and rescue, police). There is also a direct number 194 for Emergency medical help. Emergency medical care in Croatia is provided for free to anyone requiring urgent attention. Any cost of possible later therapy must be covered by patients' personal insurance. In cases of therapy the European Health Insurance Card (EHIC) is valid in Croatia, but only for those who own it. Any costs that my emerge, and EHIC doesn't cover, shall be covered by a patient.



Friday Stage - Extras



There will be no special catering at the finish area but there is Kaufland supermarket just a few hundred meters from the finish so you can buy what ever you want there. If you want some good pizza or something from the grill you can visit Pizza place just near

Pizzeria&Grill Pancho&Toro Kašinska 27a, 10360 Sesvete

Right beside the Finish Arena there is a huge "Kaufland" **supermarket**, and a lot of supermarkets on the way. It is good idea to do your shopping for the next days!

Note:

The variety of food is available at markets, shopping malls and small restaurants in Zagreb and Karlovac, Jastrebarsko, Sesvete. Restaurants will be working on Sunday but shops will not work. Some pizza places or restaurants might not serve food if you come too early (before lunch time). We recommend local restaurants over fast-food brands. You will get much more and much better food for the price.

Of course visiting Zagreb is a must while you are here so enjoy the City!

Although there are lot of construction works underway due to the havy earthquake which hit the city few years ago you will find a lot of places which are special and unique. Visit the old town, Tkalčićeva street for vibrant night life and lot of cafe bars or even go with cable car on mountain Medvednica.

...AND LAKE JARUN if it is hot

This spacious sports and recreational centre is an oasis just outside of the city centre. You can go for a run, ride a bike, swim and play numerous other sports. Run through the Walk of Fame and learn about great Croatian athletes. Jarun is great for families as there are numerous playgrounds all over and you can swim there.

Lake Jarun is Zagreb's great getaway, a lake centrepieced by a string of verdant islands, ideal for all kinds of outdoor activities and setting for June's INmusic festival. Accessed by two main tramlines, one directly linked to the main square, this man-made attraction was created to stage the World Student Games in 1987.

Today it beckons with sports clubs, nightspots and fine single beaches. Two kilometres long and surrounded by six kilometres of cycle paths, Lake Jarun is a place for pedal boats and waterside picnics. Here and there are recliners and tropical-looking communal parasols, while a skate park draws young teens to Jarun.

GPS: 45.785192, 15.917458









Day 2

Ozalj is a town in central Croatia, located north of Karlovac and southwest of Jastrebarsko, on the Kupa River. It is close to Žumberak in the north and the border with Slovenia in the northwest, with Metlika being the closest Slovenian town.

The town was built on a cliff over the Kupa river and the first mention of it dates from 1244, as a free royal town. The Frankopan family owned it since 1398, then it passed to the Zrinski family in 1550, and it stayed theirs until 1671. The city commemorates 30 April as its day, in memory of the event in 1671 when Petar Zrinski and Fran Krsto Frankopan were executed.

After the sprint Event you can also visit the Old Castle which is really special.

Visit also Munjara

Munjara is the old hydroelectric plant. This plant has three 3.5 megawatt generators and was built between 1907 and 1908. as one of the oldest hydroelectric plant in Croatia. You can see the plant from the bridge over river Kupa or public beach.





Day 3 - Vukšin Šipak / Jasrebarsko

Local municipality from Vukšin Šipak is a great host. With sweets and local food they always gave us warm welcome so expect one great day in Vukšin Šipak.

Some variety of drinks and coffee, tea etc. will be available. Some pre-ordered food will be served and some local cakes.

You can make your order here via google form - https://forms.gle/kxLdYxUB1wgAMjvc6





* Note that most of stores and supermarkets are not working on Sunday, so do your shopping before and use the opportunity to get some good domestic food here.



SWIMMING 1 - Ozalj

After the Stage 2, 3 competition we recommend you to visit a public swimming area on river Kupa. It is just a few kilometers from the Event Center, in little town Ozalj. Ozalj is also known by the old hydroelectric power plant called Munjara. This plant has three 3.5 megawatt generators and was built between 1907 and 1908. The castle is built on a cliff over the Kupa river and the first mention of it dates from 1244, as a free royal town. The Frankopan family owned it since 1398, then it passed to the Zrinski family in 1550, and it stayed theirs until 1671. The city commemorates 30 April as its day, in memory of the event in 1671 when Petar Zrinski and Fran Krsto Frankopan were executed.

GPS: 45.61415117836659, 15.479727549808286



OZALJ

SWIMMING 2After the Stage 2,3- town Karlovac



Karlovac, the town on four rivers, boasts the first registered river beach in Croatia. It is situated on the Korana bank. The Foginovo beach, as the historic heritage of the citizens, has been engraved in the town's very fabric, and its future matrix, just like a genetic code. Even a century later, it remains a memorable place.

GPS: 45.484842, 15.558614

Tourist sites



Although small in terms of surface area, Croatia abounds in rich culture heritage. This is substantiated by UNESCO's World Heritage List with a registered 22 tangible and intangible goods in the Republic of Croatia. There is hardly a city or region where you will not encounter them. Find out if you are familiar with some of them already, and whether they are included on your list of things to see and try on your trip to Croatia. Croatia for tourists



Discover Zagreb one of the most vibrant European cities, rich in cultural heritage, a dynamic atmosphere and breathtaking green areas Zagreb tourist board

https://feeds.croatia.hr/en/

http://www.infozagreb.hr/&lang=en

https://visitkarlovac.hr/?lang=en

https://www.tzgj.hr/en/jastrebarsko_tourist_board.html

Kupa region (Ozalj) - Accommodation and tourist offers

Summary on this Bulletin

Summary:

To make it easier on organizers, please:

- Enjoy the race and your holidays
- Take a lot of water and liquid with you due to high temperature
- If there is a problem contact us and we will try to solve it

Official web page: Zagreb Open 2025 - Alpe Adria Cup - vihor.hr



vihor@vihor.hr



<u>Zagreb Open Orienteering Event - Alpe Adria Cup | Zagreb | Facebook</u>

<u>https://www.instagram.com/zagrebopen</u>



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Photos: OK Vihor 2024 Zagreb Open

ALPE ADRIA ORIENTEERING CUP - EVENTS & RESULTS

Year	Date	Location	Host Region		Winning Region		Regions
2026	t.b.d.	Feldkirchen		Kärnten			
2025	13~15-06-2025	Zagreb		Hrvatska			
2024	07~08-06-2024	Fürstenfeld	Z.	Steiermark	X	Steiermark	15 regions
2023	02~04-06-2023	Livigno	*	Lombardia		Ticino	9 regions
2022	17~19-06-2022	München		Bayern		Bayern	10 regions
2021	22~23-05-2021	Bellamonte		Trentino- Südtirol	***	Trentino-Südtirol	10 regions
2019	07~09-06-2019	Našice		Hrvatska		Slovenija	10 regions
2018	15~17-06-2018	Szombathely		Vas	X CONTRACTOR	Steiermark	10 regions
2017	16~18-06-2017	Ljubljana		Slovenija		Steiermark	12 regions
2016	23~25-09-2016	Trieste	n fi	Friuli Venezia Giulia		Steiermark	12 regions
2015	19~21-06-2015	Bad Waltersdorf	A SEE	Steiermark	X S	Steiermark	9 regions
2014	27~29-06-2014	Cansiglio	FICAGON IN VERE TO	Veneto	Ser	Steiermark	14 regions
2013	04~06-10-2013	Pécs		Baranya		Slovenija	9 regions
2012	21~23-09-2012	Arnoldstein		Kärnten		Burgenland	11 regions
2011	17~19-06-2011	Rijeka		Hrvatska	PROJECT WAS TO	Veneto	11 regions
2010	03~05-09-2010	Brallo di Pregola	*	Lombardia		Steiermark	9 regions
2009	01~03-05-2009	Regensburg		Bayern		Steiermark	11 regions



2008	02~04-05-2008	Graz	NA SE	Steiermark		Steiermark	13 regions
2007	18~20-05-2007	Plitvice		Hrvatska		Baranya	8 regions
2006	01~03-09-2006	Asiago	REGIGHT M. VENETO	Veneto	₩ M. 2 3 5 5	Steiermark	9 regions
2005	05~07-08-2005	Kaposvár		Somogy		Baranya	11 regions
2004	25~27-06-2004	Delnice		Hrvatska		Baranya	10 regions
2003	22~24-08-2003	Komenda		Slovenija		Steiermark	11 regions
2002	03~05-05-2002	Fürstenfeld	Ze se	Steiermark		Steiermark	11 regions
2001	07~09-09-2001	Pradis	AT H	Friuli Venezia Giulia		Trentino-Südtirol	10 regions
2000	23~25-06-2000	Pécs		Baranya		Hrvatska	10 regions
1999	02~04-07-1999	Sopron		Györ-Moson- Sopron		Baranya	11 regions
1998	11~13-09-1998	San Martino		Trentino- Südtirol		Trentino-Südtirol	11 regions
1997	04~06-07-1997	Jarstebarsko		Hrvatska		Baranya	13 regions
1996	05~07-07-1996	Kistolmács		Zala		Baranya	9 regions
1995	25~27-08-1995	Köszeg	5	Vas		Baranya	12 regions
1994	08~10-07-1994	Stinatz		Burgenland	7 2 3 3 4	Steiermark	12 regions
1993		Nova		Zala	A Part of the second se	Baranya	8 regions
1993	02~04-07-1993	Slovenj Gradec		Slovenija		Hrvatska	6 regions
1991	12~14-07-1991	Graz	XIII	Steiermark		Hrvatska	9 regions

