23rd Zagreb Open 2023 - 4 Days Event









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Foot orienteering 4-days-event opened for everybody

IOF rules and Croatian Orienteering Federation regulations apply

Entries are individual responsibility of competitors for each stage of 4-days-event: 1) Middle Distance, 2) Middle Distance, 3) Long Distance and 4) Prolonged Sprint, You can chose stages independently, but for final result all 4 stages sum up. There is one victory ceremony after the last stage.

Main Organizer:

Orienteering Club "Vihor", Zagreb, Ribnjak 2 vihor@vihor.hr www.vihor.hr



Organizers:

Supported By:







GRAD ZAGREB



Grad Jastrebarsko



OPĆINA

KRAŠIĆ







General Information:

Type of Event:

• **4 Days Event for "Zagreb Open 2023" (July 20th-23rd)*** /* for 4 Days Event "Zagreb Open 2023" all stages sum up for a final result/

Training Event – it is possible to provide orienteering maps of some other terrains in Zagreb upon request and some small fee

Competition Centre:

Competition Centre Location(s):

Competition Centre is generally situated in the Finish Arena of every stage (there will be an Info Tent). For detailed time schedules see further info.



Thursday	2023-07-20 – Sesvete – GPS coordinates of Event center - 45.832941, 16.105328
Friday	2023-07-21 – Sesvetski kraljevec - <u>45.818807, 16.185400</u>
Saturday	2023-07-22 – Vukšin Šipak - <mark>45.611538, 15.552452</mark>
Sunday	2023-07-23 – Zagreb 45.820311, 15.972669

Note: <u>These are **not** locations of parking places!</u>. These are only locations of the Finish Arenas! For parking places look for info for each Stage.

Schedule

Event Programme:

Thursday	2023-07-20 :	first start 10:00 a.m.	Zagreb Open 2023 - Stage 1: Middle Distance - Zagreb /Sesvete
Friday	2023-07-21:	first start 10:00 a.m.	Zagreb Open 2023 - Stage 2: Middle Distance - Zagreb /Sesvetski kraljevec
Saturday	2023-07-22 :	first start.10:00 a.m.	Zagreb Open 2023 - Stage 3: Long Distance - Vukšin šipak
Sunday	2023-07-23 :	first start 10:00 a.m. + Prizo	Zagreb Open 2023 - Stage 4: prolonged Sprint Distance - Zagreb e Giving Ceremony Zagreb Open 4 Days - Zagreb

Classes:

Classes for 23rd Zagreb Open - 4 Days

W10 (no shadow)W12 W14 W16 W18 W20WM10 (no shadow)M12 M14 M16 M18 M20MOPEN short, OPEN longM

W21E W21A W21B M21E M21A M21B W35 W40 W45 W50 W55 W60 W65 W70 W75 M35 M40 M45 M50 M55 M60 M65 M70 M75

Open LONG class is the equivalent (same or similar) of M35 class **Open SHORT** class is the equivalent (same or similar) of M14 class

Classes with few entries have been merged with other classes according the age of competitors (MW10, MW70, MW75)

Warning !

After the deadline is expired for final entries, it will be possible to enter any "Zagreb Open 4 Days" classes only if there will be some vacant places, with exception of Open Short, Open Long (open for entries after July 1st only on request by e-mail).

Sportident:

We will use SportIdent system for punching. Renting of SI card is 2€



Entry fees for "Zagreb Open 2023 - 4 days"

	Untill 01.02.2023	Untill 15.03.2023	Untill 10.06.2023	Untill 01.07.2023
MW18 and older	60€/all 4 stages	64€/all 4 stages	68€/all 4 stages	80€/all 4 stages
	15€/stage	16€/stage	17€/stage	20€/stage
up to and including MW16	40€/all 4 stages	40€/all 4 stages	40€/all 4 stages	48€/all 4 stages
	10€/stage	10€/stage	10€/stage	12€/stage
OPEN	60€/all 4 stages	64€/all 4 stages	68€/all 4 stages	80€/all 4 stages
	15€/stage	16€/stage	17€/stage	20€/stage
Beginners	40€/all 4 stages	40€/all 4 stages	40€/all 4 stages	48€/all 4 stages
	10€/stage	10€/stage	10€/stage	12€/stage

Please include in your payment fee for bank charges on your account for payments not paid via SEPA bank transfer payments (EU internet banking). We will inform you if Bank charges exceed regular fee and it will be billed to you. Please do not use REVOLUT payment method as the bank charges are very big and you will have to cover those costs...

Registration will be through the platform: www.orienteeringonline.net OrienteeringOnline.net – Entry link

vihor@vihor.hr If need you can make entry via our e-mail:

Entry is not valid until entry money is received. Fees to be paid latest within 7 days after the deadline in which entry was submitted. All fees have to be paid in advance by our bank account.

Banking details:

IBAN:	HR6524840081101296342
SWIFT:	RZBHHR2X
Bank:	Raiffeisen Bank
Recipient:	ORIJENTACIJSKI KLUB VIHOR
	Ribnjak 2
	10 000 Zagreb
	Croatia

In Zagreb, everything is nearby! On one hand a lot of attraction are in the city center and easily accessible on foot. On the other, attractions which are a bit further are accessible by cheap public transportation.

Regardless of what you decide on where to stay in Zagreb, you will have easy access to the city and its attractions.

When we say the city center, we always talk about the Main ban Josip Jelačić square. From there you have easy access to most <u>Zagreb attractions</u>.

Zagreb is a 900-year-old city, but most of its accommodation units have been renovated and updated. Never the less they will all tend to keep as much of the old charm as possible.

We are a safe city and will welcome all type of travelers. Mostly categorized Hotels, Apartments are recommended for families and groups of friends. Hostels, on the other hand, we recommend for youth.

Zagreb welcomes you, and it gets more and more visitors every year. Please plan and book your stay early. Especially if you plan on visiting during major events and festivals.

Start planning and book your stay on the time in Zagreb! Summer is a busy time of tourist season.

<u>Hotels</u> <u>Apartments</u> <u>Hostels</u> <u>Camping, Glamping and Bungalows in Zagreb</u> <u>Camping Croatia</u>

Camper Vans:

There are few spots in the city where you can park for free but not officially for camping. Zagreb has also official camp if you need electricity, water supplies etc.

Other Accomodation:

Other accommodation is also available. Please, contact with hotels directly or send us your request.

Embargoed Areas:

Training Possibilities

On request, organizers can organize a training and provide training maps of similar nearby terrains for a small fee 2€ per map.

It is not allowed to print out maps and go to training without a permission of a Club owning a map anywhere in Croatia. The permissions must be requested in written form.

For questions and terms of use contact vihor@vihor.hr

All competition areas are embargoed areas for competitors. Please respect Fair-play and do not train on old maps before the competition.

Prize Giving and Awards :

4 Days Event for "Zagreb Open 2023" (July 20th-23rd) The 3 first qualified in each class (OPEN classes also) will be awarded after all 4 stages are summed-up

Prize giving ceremony will be at the finish arena in Zagreb on stage 4

Claims and Complaints

Zagreb Open 4 Days - In the case of cancelling the stage/course/ for any class, the organizer will sum-up the final results in his own manner, taking in consideration the best way to maintain fairness.

Toilets :

Sanitary cabins will be provided by the organizer at each Stage.

It is strictly forbidden to use a toilet in the restaurant on Stage 2!!!

It is strictly forbidden to enter a restaurant or other facility in orienteering shoes or/and any dirty equipment!!!

Sun :

Although Zagreb is a continental town, be aware that you can get sunburned. Wear a sunscreen SPF30 or higher, wear head cover and sun glases. Aviod to stay in the sun in the middle of the day. Sprinkle yourself with water. Don't jump into the river or lake when overheated.

Bugs and Animals :

There are <u>no</u> animals which are dangerous. There are no animals that bite or sting other than mosqitoes and some horse flies. Wasps, bees and hornets are very rare, and will not engage with you. You might see some bigger animals like dears, rabbits and all other not-harmful forest inhabitants, but they run away.

PETS

For your own pets:

It is strictly forbidden to get your own pet (dog) to the area of the Start and onto the orienteering course. Pets in the Finish Arena are allowed, but keep them on a leash and so that in no manner they disturb competitors. Please keep them safe, in the shadow and hydrated.

If you have any doubts, contact the organizer.

If you have an emergency health situation with your pet, here are lists of vets on duty

https://www.zgportal.com/zgservis/dezurni-veterinar-u-zagrebu-hitni-ambulantni-prijam-za-male-zivotinje/#veterina

MOSQUITOES and TICKS

There are lots of mosquitos - bring repellent and use it! There are possible ticks - check yourselves after the race.

SPIDERS

Due to dry season it can be that you <u>will have a lot of small spiders</u> on the courses! They are making a lot of nets in the forest. <u>Don't be afraid</u> of them. They are too little to bite, and they will not bite you. You are not their food, you are not their enemy. They don't attack. They are not interested in you at all. By the end of the race you will be covered in spiderwebs, but it is harmless. When you run into a spiderweb (and you will!) just continue running without paying attention. It can be a little annoying but just ignore it and keep on running!



Very Important General INFO:

WATER AND HYDRATION!

Tap water from public water supplies is drinkable all around north Croatia. You don't need to purchase water in supermarkets. Due to very hot weather please pay special attention to water hydration. Start drinking before you are thirsty! Drink a little bit of water all the time.

For stage 1, 2 and 3 you are advised to bring your own bottle of water or electrolite drink while

walking from the Finish Arena to the Start in a disposable container! Drink before starting. Leave

the container at Start. Please, only bottles and containers that can be thrown to trash.

Upon Finish there will be water provided by the organizer.

Stage 1 and Stage 4 do not have running water nearby, so bring your own supply. The organizer will put water by the finish corridor, but for drinking only. Be considerate in consuming, so there is enough for all the runners. Please use water when provided by organizer sparingly and <u>for drinking only</u>. Do not use non-tap water or bottled water for showering and washing!!

CLOTHING AND FOOTWEAR

For all forest stages longer pants and calf protection (gaters) are highly recommended. dergrowth has thorns. Orienteering shoes are recommended. Earth is soft, and without any stones, so dub-spikes are not necessary. For prolonged sprints there are some forest paths. Metal studs (dub-spikes) are allowed but not recommended at all. Ordinary asphalt running shoes may be used, but best is to use good trail-running shoes

WATERCOURSES AND MARSHES

Due to very hot weather most of the water areas are completely dried out, but visible. All water creeks are passable, but we must warn you about earth banks:

Earth banks look a little bit specific and they might be over 3meters high! There is an empty space beneath the surface that you see. You have to watch where you jump <u>from</u> more than where you jump to!

Other than jumping there is much better way to pass water flows - just look a bit and you will find a place.

For all children classes and older veteran classes the control sites are placed so there is a good possibility to cross the water channels easy and safe.



Course lenghts :

ZAGREB OPEN 2023 4 DAYS Croatia

COURSES

23rd ZAGREB OPEN	Stage 1	Stage 2	Stage 3	Stage 4
Distance to the start	1,3km	1,5km	S1 = 1.5km, S2 = 250m	50m
M21E	6,4km /150m /24KT	6,4km /140m /19KT	8,9km /450m /26KT	5,0km /200m /25KT
W21E	5,5km /120m /21KT	4,9km /100m /18KT	6,5km /320m /17KT	4,1km /150m /23KT
M12	1,8km /30m /8KT	1,7km /20m /8KT	1,8km /90m /7KT	2,1km /100m /12KT
W12	1,8km /30m /8KT	1,7km /20m /8KT	1,8km /90m /7KT	2,1km /100m /12KT
M14	2,6km /40m /10KT	1,9km /20m /9KT	2,2km /100m /7KT	2,7km /110m /13KT
W14	2,6km /40m /10KT	1,9km /20m /9KT	2,2km /100m /7KT	2,7km /110m /13KT
M16	4,3km /100m /15KT	3,3km /70m /15KT	4,3km /200m /11K⊤	3,8km /100m /18KT
W16	3,8km /100m /15KT	2,8km /40m /12KT	3,7km /180m /13KT	3,2km /120m /17KT
M18	5,2km /140m /19KT	4,0km /80m /15KT	6,4km /290m /14KT	4,1km /150m /21KT
W18	4,7km /100m /16KT	3,1km /60m /12KT	4,3km /210m /12KT	3,7km /130m /18KT
M20	5,6km /150m /20KT	5,0km /120m /18KT	7,2km /350m /17KT	4,1km /150m /23KT
W21A	4,0km /100m /14KT	4,5km /100m /16KT	5,0km /230m /13KT	3,7km /130m /18KT
M21B	4,3km /100m /15KT	3,3km /70m /15KT	4,3km /200m /11K⊤	3,8km /100m /18KT
W21B	3,8km /100m /15KT	2,8km /40m /12KT	3,7km /180m /13KT	2,5km /110m /16KT
M35	5,6km /150m /20KT	5,0km /120m /18KT	7,2km /350m /17KT	4,1km /150m /23KT
W35	4,7km /100m /16KT	4,5km /100m /16KT	6,0km /230m /12KT	4,1km /120m /20KT
M40	5,2km /140m /19KT	4,3km /100m /16KT	6,4km /290m /14KT	4,1km /150m /21KT
W40	4,0km /100m /14KT	4,0km /80m /15KT	4,3km /210m /12KT	3,7km /130m /18KT
M45	5,2km /140m /19KT	4,0km /80m /15KT	6,4km /290m /14KT	4,1km /150m /21KT
W45	4,0km /100m /14KT	3,1km /60m /12KT	4,3km /210m /12KT	3,7km /130m /18KT
M55	4,7km /100m /16KT	3,8km /80m /15KT	4,9km /230m /14K⊤	4,1km /120m /20KT
W55	2,5km /60m /11KT	2,8km /50m /12KT	3,7km /170m /14KT	3,2km /120m /17KT
M60	3,8km /100m /15KT	3,8km /80m /15KT	4,9km /230m /14KT	2,5km /110m /16KT
W60	2,2km /50m /10KT	2,8km /50m /12KT	3,0km /140m /8KT	2,1km /100m /12KT
M65	2,5km /60m /11KT	2,4km /30m /10KT	3,0km /140m /8KT	2,5km /110m /16KT
W65	2,2km /50m /10KT	2,2km /30m /10KT	2,3km /100m /8KT	2,1km /100m /12KT
OPEN LONG	5,6km /150m /20KT	5,0km /120m /18KT	7,2km /350m /17K⊤	4,1km /150m /23KT
OPEN SHORT	2,6km /40m /10KT	1,9km /20m /9KT	2,2km /100m /7KT	2,7km /110m /13KT

Start 1 - all classes Start 2 - M12, W12

ZAGREB SESVETE

2023/07/20 (Wednesday)

Zagreb Open 2023 - Stage 1: Middle Distance GPS: 45.832941, 16.105328

Distance from Zagreb Center: Parking Location/Coordinates:

4 -15km (public transport 30 minutes) P1 45.831642, 16.105260 P2 45.830135, 16.105181 P3 45.833527, 16.105762

Beautiful continental forest, slightly hilly, some small green areas, fast running

Type of Competition:

Cartography:

Map:

Ivana Gobec; 2023

Middle Distance - winner time 35 min

ISOM 1:10000 (1:7500); new map,



Depending on your accommodation there are lot of options to reach the competition on stage 1.

Novoselčina / Zagreb - Sesvete / - Map Sample:



Novoselčina / Zagreb - Sesvete / - Photos:



STAGE 1 EXTRAS



There will be no special catering at the finish area but there is Kaufland supermarket just few hundred meters from the finish so you can buy what ever you want there. If you want some good pizza or something from the grill you can visit Pizza place just near

- Pizzeria&Grill Pancho&Toro
- Kašinska 27a, 10360 Sesvete

Right beside the Finish Arena there is a huge "Kaufland" **supermarket**, and a lot of supermarkets on the way. It is good idea to do your shopping for the next days!

Note:

The variety of food is available at markets, shopping malls and small restaurants in Zagreb and Karlovac, Jastrebarsko, Sesvete. Restaurants will be working on Sunday but shops will not work. Some pizza places or restaurants might not serve food if you come too early (before lunch time). We recommend local restaurants over fast-food brands. You will get much more and much better food for the price.

...AND AFTER LAKE JARUN

This spacious sports and recreational centre is an oasis just outside of the city centre. You can go for a **run**, ride a bike, swim and play numerous other sports. **Run** through the Walk of Fame and learn about great Croatian athletes. **Jarun** is great for families as there are numerous playgrounds all over and you can swim there.

Lake Jarun is Zagreb's great getaway, a lake centrepieced by a string of verdant islands, ideal for all kinds of outdoor activities and setting for June's INmusic festival. Accessed by two main tramlines, one directly linked to the main square, this man-made attraction was created to stage the World Student Games in 1987.

Today it beckons with sports clubs, nightspots and fine shingle beaches. Two kilometres long and surrounded by six kilometres of cycle paths, Lake Jarun is a place for pedal boats and waterside picnics. Here and there are recliners and tropical-looking communal parasols, while a skate park draws young teens to Jarun.

GPS: 45.785192, 15.917458

SESVETSKI KRALJEVEC /ZAGREB/

2023/07/21 (Friday)

Zagreb Open 2023 - Stage 2: Middle Distance GPS: 45.818807, 16.185400

Distance from Zagreb:15 -20 km (car 30 minutes)Parking Location/Coordinates:45.818807, 16.185400 (small number), 45.812568, 16.183833 (lverneighbourhood, you can park there and then walk to the EC few hundred meters)

Type of Competition: Type of Terrain:	Middle Distance Beautiful clean continental forest, slightly hilly, very detailed, very technical, very fast running
Map:	ISOM 1:10000 (1:7500); new map, never used for orienteering before
Cartography:	Georgi Hadzhimitev, Valentin Garkov, 2018, revision Ivana Gobec 2019/2023

Sesvetski Kraljevec - Transport:



Dugo Selo / Sesvetski Kraljevec - Map Sample:



Dugo Selo / Sesvetski Kraljevec - Photos:



STAGE 2 EXTRAS

Special Recommendation on stage 2:

Pivnica Kraljevec

Cerska 22, 10361 Sesvetski Kraljevec, Croatia

Location/Coordinates:

45.818389, 16.183142

- near finish area of Middle Distance on Friday 2023-07-21



The organizers recommend to the competitors who will attend Middle Distance competition to eat in this restaurant and solve the main meal in the day in a very simple manner. This is the simplest solution and very good food in a place where orienteers are known and welcomed.

It is a suitable place for accommodating a larger group of competitors, like a team arriving <u>by bus</u>. Excellent domestic food. Possibility of special orders for vegetarian menu and dishes without pork. Maximum price for a daily menu, with a drink, will be around 5 -10 €.

For any questions contact us via e-mail i vihor.entry@gmail.com

VUKŠIN ŠIPAK - KRAŠIĆ

2023/07/22 (Saturday)

Zagreb Open 2023 - Stage 3: Long Distance 45.611538, 15.552452

about 46 km (car 50 minutes)

Distance from Zagreb:

Type of Competition:

Type of Terrain:

Cartography:

Map:

Parking Location/Coordinates:

45.611538, 15.552452 at the CC and along the road towards CC. Please respect entrances to the houses and backyards and do not park there.

Long Distance Beautiful clean continental forest, hilly, very detailed, very technical, fast running ISOM 1:10000; new map, never used for orienteering before Georgi Hadzhimitev,Valentin Garkov, 2019, revision Ivana Gobec, Tomislav Vuk 2019/2023



In the summer time there can be a lot of traffic on Saturday from Zagreb via highway so good option is to take the local road to Jastrebarsko. It is just few minutes slower.

IMPORTANT NOTE! TAKE THIS SERIOUSLY.

We strongly reccommend using alternative routes to the stage 3 and not using highway as the traffic jam on Saturday morning can be very long. Start early from your accommodation! Best solution: Zagreb - Kerestinec - Vukšin Šipak



Second solution - Zagreb - Lučko - Vukšin Šipak



Krašić - Map Sample:





Krašić - Photos:



STAGE 3 EXTRAS

Day 3 – Vukšin Šipak / Jasrebarsko

Local municipality from Vukšin Šipak is a great host. With sweets and local food they always gave us warm welcome so expect one great day in Vukšin Šipak. If you are interested in a **hot-dog** please inform us so we can tell how many they should prepare for all of us. Let us know on our e-mail: vihor@vihor.hr



* Note that most of stores and supermarkets are not working on Sunday, so do your shopping today(Saturday)! and use the opportunity to get some good domestic food here.

SWIMMING 1

After the Stage 3 competition we recomend you to visit a public swimming area on river Kupa. It is just a few kilometers from the Event Center, in little town Ozalj. Ozalj is also known by the old hydroelectric power plant called Munjara. This plant has three 3.5 megawatt generators and was built between 1907 and 1908. The castle is built on a cliff over the Kupa river and the first mention of it dates from 1244, as a free royal town. The Frankopan family owned it since 1398, then it passed to the Zrinski family in 1550, and it stayed theirs until 1671. The city commemorates 30 April as its day, in memory of the event in 1671 when Petar Zrinski and Fran Krsto Frankopan were executed. **GPS: 45.61415117836659. 15.479727549808286**



OZALJ

SWIMMING 2 After the Stage 3 - town Karlovac



Karlovac, the town on four rivers, boasts the first registered river beach in Croatia. It is situated on the Korana bank. The Foginovo beach, as the historic heritage of the citizens, has been engraved in the town's very fabric, and its future matrix, just like a genetic code. Even a century later, it remains a memorable place. GPS: 45,484842, 15,558614

ZAGREB CITY CENTER

2023/07/23 (Sunday)

Zagreb Open 2023 - Stage 4: Prolonged Sprint 45.820311, 15.972669

Distance from Zagreb center: Parking Location/Coordinates:	4 km (public transport 30 minutes) 45.815991, 15.969767 (parking garage Tuškanac with fee per hour) 45.820817, 15.969148 (few parking places for larger vehicles or camper vans 45.811906, 15.972251 (parking garage Cvjetni with fee per hour – more expensive) Or use just parking places on the street in the city. On Sunday there is no fee (except on few ones)
Type of Competition: Type of Terrain: Map: Cartography:	Prolonged Sprint - winner time 20-40 min Urban area, blocks of buildings, paved streets and squares, mostly pedestrian area, city parks, urban forest, flat and very steep parts 1:4000 / 2.5m, ISSprOM2019 Ivana Gobec; 2019/2022, Damir Gobec; 2023



Arrival to the CC (Finish Arena 4) on foot /public transport/

It is recommended to arrive to this competition on foot, using public transport. ZET public transport: <u>http://www.zet.hr/</u>

Parking Possibilities:

There will be NO organized parking. There is public garage near the Competition center (400m) with 465 places. Price is 10,00 kn for 1 hour ($1,5\in$). Busses can leave the competitors near the Competition center and go to parking places for the busses on several places in the town (ask us if you need directions).

Parking in the center of Zagreb is hard to find, except in a public garages. It is recommended to park your car inside one of the parking garages. There is insufficient parking on streets but you may try to find it. Payments is usually by cash on a parking machine or with SMS message with your mobile phone.

It is not possible to park a larger camper-van inside a garage. Garage has limited height (2,3m.) !



parking zones (Monday - Saturday)

There are 24,174 parking places in Zagreb but try and find a spot when you need it!

Zagreb has three parking zones. Parking in the red zone in the city Centre costs about $1.8 \in$ an hour (max. 2h), in the yellow zone $0,7 \in$ an hour (max. 2h) and in the green zone $0,28 \in$ an hour (no time limits). The daily rates are $13,5 \in$ in the red zone, $8,1 \in$, in the yellow and $2,7 \in$ green zones respectively. Daily tickets can be purchased in the post office.

IMPORTANT:

Some last minute changes in parking zones happened so please check the colour of the zone when parking.

There are also some bigger parking lots with price of only 1,5€ for whole day. From there you can use public transport to the competition centre. Distances are really small and ticket can be purchased for only 0,60€ (half our ticket)





Zagreb City Center - Map Sample:

Zagreb City Center - Photos:

































STAGE 4 EXTRAS

No extras, Zagreb is extra enough ;)

As we are in the close vicinity of the center of the town you can choose from variety of restaurants, fast food or any street food. They are working on Sundays. We will <u>not provide any catering</u> at the finish area.

As it is Sunday, most of shops and supermarkets are not working Sundays!!! Do your shopping on Saturday!



Arriving to Zagreb by Bus and Train:

The main railway station and international bus terminals are situated in the centre of Zagreb. Bus: <u>https://www.akz.hr/en</u> Train: http://www.hzpp.hr/en

Transport from Airport:

ZET (Zagreb Electric Tram) Bus line no. 290: AIRPORT ZAGREB - KVATERNIKOV TRG http://www.zagreb-airport.hr/en/passengers/to-from-the-airport/by-zet-bus/431

Bus to the main bus station in City centre https://www.zagreb-airport.hr/en/passengers/to-from-the-airport/by-airport-shuttle/89

Departures are scheduled every 35 minutes. First departure on weekdays and Saturdays from Kvaternik Square is at 04:20a.m. and on Sundays at 05:20a.m., while the last departure from Velika Gorica is every day at 00:15a.m. Check the costs: probably around 2€., because there are 2 zones.

Public Transport in the City of Zagreb:

ZET public transport: http://www.zet.hr/ -



It is recommended to buy one-time tickets for a single ride on newspaper kiosk. You can purchase a ticket inside the vehicle, but not recommended, because it is 30% more expensive.

The <u>cheapest single ride ticket is only $0,53 \in$ </u> and it is valid for 30 minutes in one direction. There are also tickets for a single ride which are valid for 60 minutes ($0,93 \in$) and 90 minutes ($1,33 \in$).

Taking a **daily ticket** is also recommended. A daily ticket for all city buses and tram lines costs 3,98€ Ask for "dnevna karta" = a ticket for a whole day. A daily ticket can most commonly be purchased from a driver. It is valid for only for that particular date and it must be "punched" during the first ride.

Use app - Moj ZET, Aplikacije na Google Playu

Taxi Services:

There are many taxi services in Zagreb. They are almost the same price. Use the approximate calculator and be aware of the price. Ask in advance for approximate price.

Online price calculator: <u>https://taxicijene.info/</u>

Taxicammeo	EKOTAXI	Ttaxi		TAXLOSISSM	Llbor
Cammeo TAXI	• Eko TAXI	Radio TAXI	• VG-TAXI	 Zebra TAXI 	Uber
+385 (0) 1 1212	1414	1717	060 760 760	072 900 900	https://www.uber.co
					m/hr/en/

Currency and Payments in Croatia:

The currency in Croatia is Euro.

Money exchange offices ("Mjenjačnica") are convenient everywhere, but most of them have working hours. Banks and post offices will also change money at about the same rate as exchange offices but their opening hours are shorter. You will pay a commission of about 3%. ATMs are convenient and reliable. Just look for the "Bankomat" sign.

Payment via debit cards or credit cards is acceptable almost in every store or a restaurant, but if you want to buy smaller things like ice-cream or drinks etc. you can only pay in cash in Euro.

Weather Conditions:

Climate in Zagreb is continental. July is a high summer, with the average temperatures rarely falling below 19°C or exceeding 33°C, but last couple of seasons the temperatures might hit higher than 35°C. July average nights are comfortable as the temperatures mostly stay below 19°C and the humidity is moderate. A thunderstorm once every 3-4 days can be expected, as well as it is possible to have a few rainy days in a row. An umbrella and raincoat are convenient to take care of the rain.

For precise weather forecast during WTOC check out the Croatian meteo service: www.meteo.hr

Use sunscreen, since you can get very sunburned. Drink plenty of water, stay hydrated. Use mosquito repellent on forest stages.

First Aid and Ambulance:

A medical doctor will be present on every Stage at the finish area.

Competitors are not insured by organizer. Organizer takes no responsibility for any injuries or health issues that might happen or occur among the participants before, during or after competitions. Each competitor takes part solely on his/her own responsibility. Personal health and travel insurance policy is recommended.

In a case of a serious problem the Ambulance Emergency will be called. The common emergency telephone number is 112. It can be dialled free of charge from any fixed or mobile telephone in order to reach emergency services (ambulance, fire and rescue, police). There is also a direct number 194 for Emergency medical help. Emergency medical care in Croatia is provided for free to anyone requiring urgent attention. Any cost of possible later therapy must be covered by patients' personal insurance. In cases of therapy the European Health Insurance Card (EHIC) is valid in Croatia, but only for those who own it. Any costs that my emerge, and EHIC doesn't cover, shall be covered by a patient.

Other Information:

Map Protection:

Maps are printed on Agfa Synaps **plastic paper**, which is water and tear resistant, so there is absolutely <u>no</u> need for a plastic bag.

Bib Numbers:

All competitors are obligated to wear bib number / start number on their chest on the competition. Please take your own safety pins for number bib. We will have certain amount of them in CC.

Control Descriptions:

There will be **no** control descriptions available prior to the start. Control descriptions for hand-holders will be provided at the start, inside the second starting corridor for all Stages. Control descriptions **are also printed on the maps** for <u>all</u> Stages.

Starting List

All the categories, including Open, are required to start by start list.

Starting procedure

The starting procedure is as follows:

- 3 Minutes: checking start bib and Si Card number, clean and check Si Cards
- 2 Minutes: take control descriptions (they are on all the maps, also)
- 1 Minute:
- 0 Start (no start-unit)
- map taking
- Passing by a Starting Point is mandatory

Late Starters

WARNING: There will <u>not</u> be a direct route to starting line for runners arriving late to the start. Anybody arriving late will be let on a course only when a marshal approves, probably on a vacant spot, and new starting time <u>will not</u> be granted. In the results the original starting time will count! Starting on time according to the start list is competitor's responsibility. Only in case of a special complications an organizer may give a competitor a new starting time.

Taking maps and giving them back:

At the start, each competitor takes the map at his/her own responsibility. Check it to make sure that the one with correct course was taken. After the finish you are kindly asked for fair play not to show your map to the runners who haven't started yet. We will not collect the maps.

Map Exchange during the Race

There will be no map exchanges.

Timekeeping

All categories, including Open, are controlled through the SPORTident system (not contactless). You can use any SI-Card from version 5 above.

SIAC contactless system will be not be used.

It is possible to rent SI-Card for 2€ per Stage. Upon renting you will be asked for 40€ deposit (per card) or a personal document (optionally), which you will be given back immediately after SI-card is returned.

Rented SI-Card will be withdrawn after the last Stage at which the competitor is registered. If the SI-Card is lost by the competitor s/he must pay a penalty of $40\in$.

Read-out of SI Cards

Read out of SI Cards is located near the Finish line for all Stages. Don't forget to read out the data immediately after you finish the race.

Results

Live results will be displayed at the Finish area and online. Use QR code which will be on display at finish area.

SI Station Working and Control Placement Insurance



In the case of SI station on control not working the competitor must punch manually into his own map, on the place which is printed for manual punching.

The competitor then must warn the organizer and hand out a map with those punches to the organizers upon his finish.



Most of control flags will be guarded.

Organizer will put little papers around the control on the ground, with number of control point so only if the control point is **missing** take the paper with you and bring it to the finish.

Vehicle Traffic on Courses

Forest terrains have no car-traffic, only minor non-paved vehicle tracks with rare traffic.

For Sprint stage most of the courses are without traffic, or only light traffic, but there are places which will be guarded by marshals. There will be no mandatory crossings. Traffic will not stop at any time.

Tents:

Clubs <u>are allowed</u> to pitch a tents on all stages, but only if not too big. Standard <u>family and smaller club</u> tents are allowed because space is very limited. In case of doubt consult with an organizer prior to arrival.

The organizer will provide smaller tents for baggage only in case of bed weather, so please be considerate with using that space.

Baggage Transport:

There will be <u>no</u> organized transport of baggage or clothes. Please, don't leave clothes on the start, except if there will be special instructions about it. In the case of very bad weather it will be possible to leave some clothes on the start, but you have to follow further info.

Separate Start

If you are with a small child, the parents may request separate starting times in advance. Make request as early as possible now, with your application, in written form. These requests will be handled as far as possible and <u>only upon a personal request</u>.

Photo/video:

GDPR (General Data Protection Regulation) - It is presumed that everybody participating approves of being photographed / filmed. The photos / videos / will be used strictly referring to this event and sports purposes. If anybody object to this, please inform the organizer in advance. Then, in case your personally recognizable image mistakenly appears at organizers website, inform us later, and we will take it down.

Tourist sites



Although small in terms of surface area, Croatia abounds in rich culture heritage. This is substantiated by UNESCO's World Heritage List with a registered 22 tangible and intangible goods in the Republic of Croatia. There is hardly a city or region where you will not encounter them. Find out if you are familiar with some of them already, and whether they are included on your list of things to see and try on your

trip to Croatia. https://feeds.croatia.hr/en/ http://www.infozagreb.hr/&lang=en https://visitkarlovac.hr/?lang=en https://www.tzgj.hr/en/jastrebarsko_tourist_board.html

Summary on this Bulletin

Summary: To make it easier on organizers, please:

- Enjoy the race and your holidays
- Take a lot of water and liquid with you due to high temperature
- If there is a problem contact us and we will try to solve it

Official web page: Zagreb Open 2023 - Croatia 4 Days - vihor.hr



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