

Day 4 - Stage 1 INFO

Type of Competition:	Prolonged sprint distance- City Race - winner time cca 20-30 minutes
Time limit	120 minutes
Map:	ISOM 1:4000 /
Cartography:	Ivana Gobec; 2023
Terrain:	Urban area, blocks of buildings, paved streets and squares, mostly pedestrian area, city parks, urban forest, flat and very steep parts
Starting List	All the categories, including Open, are required to start by start list.
Starting Corridor	3 corridors, -3 minutes
Late Starters	WARNING: There will <u>not</u> be a direct route to starting line for runners arriving late to the start. Anybody arriving late will be let on a course only when a marshal approves, probably on a vacant spot, and new starting time <u>will not</u> be granted. In the results the original starting time will count! Starting on time according to the start list is competitor's responsibility. Only in case of a special complications an organizer may give a competitor a new starting time.
Distance from CC to Start	50 m , you will see it from the competition area and you can cheer the starters
Distance from Finish to CC:	- none -
Toilets:	Sanitary cabins
Clothes:	First part of the course some dirty paths, rest of the course City (paved roads) and parks
Refreshment on the course	- no refreshment -
Refreshment after Finish	water and Jamnica Isotonic
Other notes:	Traffic will not be stopped. Although most of the course is without the traffic be careful on the roads with light traffic. Please be careful to the pedestrians also. There are some fallen trees at the first controls but you can run around them Most of the points will be guarded and we will use some security strings so be careful when using your SI card as the string will go through the whole of SI Station You will see a lot of construction works which are underway in the old part of the town. It is due to big earthquake two years ago. You can normally run beside that. Look at it like artificial barrier on the World Championships 😊

STAGE 4 EXTRAS

No extras, Zagreb is extra enough ;)

As we are in the close vicinity of the centre of the town you can choose from variety of restaurants, fast food or any street food. They are working on Sundays. We will not provide any catering at the finish area.

As it is Sunday, most of shops and supermarkets are not working Sundays!!! Do your shopping on Saturday!

Zagreb Funicular is not only the shortest funicular in the world but also the oldest and first means of public transportation in Zagreb. Some may say there is no point to it, but that is also the fun of it!

On the Stage 4 you will be allowed to use it if you feel that it will help you to reach next control point 😊. You just have to take some small money with you on the course to pay for the ticket.

PRIZE GIVING CEREMONY

Prize giving ceremony will be as soon as we can do it after the final results are complete. Prizes will be given for first 3 competitors in every class. Hopefully it will be around 14:00h. If we manage to do it sooner we will do it earlier and you will be notified in the arena.

Parking Location/Coordinates: 45.815991, 15.969767 (parking garage Tuškanac with fee per hour)
45.820817, 15.969148 (few parking places for larger vehicles or camper vans (limited number of places)
45.811906, 15.972251 (parking garage Cvjetni with fee per hour – more expensive)
Or use just parking places on the street in the city. On Sunday there is no fee (except on few ones)

HRVATSKI

Sve što piše na engleskom vrijedi i na Hrvatskom. Pazite na prolaznike i promet. Kontrole ćemo većinom čuvati. Grad je pun skela i one su označene kao zabranjena područja uobičajeno za sprint orijentacijske utrke.

Ako vam se nakon četiri dana ne trči slobodno koristite Uspinjaču ako mislite da je tako lakše i brže 😊.

Proglašenje će se održati čim se skupe i obrade svi rezultati četiri dana. Nagrade dobivaju natjecatelji u svim kategorijama!



Day 4 - Stage 4 / Dan 4

Course Lengths / duljine staza

23rd ZAGREB OPEN	Stage 4	Map Scale
Distance to the start = 50m		
M21E	5,0km /200m /25KT	1 : 4000
W21E	4,1km /150m /23KT	1 : 4000
M12	2,1km /100m /12KT	1 : 4000
W12	2,1km /100m /12KT	1 : 4000
M14	2,7km /110m /13KT	1 : 4000
W14	2,7km /110m /13KT	1 : 4000
M16	3,8km /100m /18KT	1 : 4000
W16	3,2km /120m /17KT	1 : 4000
M18	4,1km /150m /21KT	1 : 4000
W18	3,7km /130m /18KT	1 : 4000
M20	4,1km /150m /23KT	1 : 4000
W21A	3,7km /130m /18KT	1 : 4000
M21B	3,8km /100m /18KT	1 : 4000
W21B	2,5km /110m /16KT	1 : 4000
M35	4,1km /150m /23KT	1 : 4000
W35	4,1km /120m /20KT	1 : 4000
M40	4,1km /150m /21KT	1 : 4000
W40	3,7km /130m /18KT	1 : 4000
M45	4,1km /150m /21KT	1 : 4000
W45	3,7km /130m /18KT	1 : 4000
M55	4,1km /120m /20KT	1 : 4000
W55	3,2km /120m /17KT	1 : 4000
M60	2,5km /110m /16KT	1 : 4000

W60	2,1km /100m /12KT	1 : 4000
M65	2,5km /110m /16KT	1 : 4000
W65	2,1km /100m /12KT	1 : 4000
OPEN LONG	4,1km /150m /23KT	1 : 4000
OPEN SHORT	2,7km /110m /13KT	1 : 4000