

Dan 2 - Stage 2

Type of Competition:	Middle Distance - winner time cca 35 minutes
Time limit	120 minutes
Map:	ISOM 1:10000 / printed 1:7500 for some classes / new map
Cartography:	Georgy Hadzemitev, Valentin Garkov (2019), Ivana Gobec;2020-2023
Terrain:	continental forest, mostly flat, some green areas, fast running
Starting List	All the categories, including Open, are required to start by start list.
Starting Corridor	3 corridors, -3 minutes
Late Starters	WARNING: There will <u>not</u> be a direct route to starting line for runners arriving late to the start. Anybody arriving late will be let on a course only when a marshal approves, probably on a vacant spot, and new starting time <u>will not</u> be granted. In the results the original starting time will count! Starting on time according to the start list is competitor's responsibility. Only in case of a special complications an organizer may give a competitor a new starting time.
Distance from CC to Start	1.500 m , flat path, follow blue-and-white stripes
Distance from Finish to CC:	1.300 m
Toilets:	Sanitary cabins
Clothes:	Longer pants and calf protection (gaiters) are highly recommended. dergrowth has thorns. Orienteering shoes are recommended. Earth is soft, and without any stones, so dub-spikes are not necessary.
Refreshment on the course	- no refreshment -
Refreshment on the course	water
Restaurant	Please do not enter the restaurant in orienteering shoes!

Day 2 - Stage 2



Udaljenost do starta je **1.500m** po ravnom, kroz šumu. Ima nešto srušenog drveća preko kojeg treba preći, ali ništa pretjerano

Ako trebate ponesite svoju **vodu** u bočici koja se može baciti.

Svi imaju „udaljeni“ Finish. Povratak natrag je dug 1.300m. Po ulasku u cilj dobit ćete bočicu **vitamizirane vode**.

Po dolasku na mjesto okupljanja ne zaboravite očitati SI čip!

Šuma nije uopće porušena kao prvoga dana natjecanja, ali ima nešto srušenog granja.

Day 2 - Stage 2



Distance to the Start is **1.500m** , flatt path through forest. There are some fallen trees on the way to start so you have to go over them or beside them. Nothing extreem.

If you need, bring your bottle of **water**, but bottle must be disposable (goes to trash).

There is a „distant Finish“. You have to walk back 1.300m. You will get a **bottle of vitamin water** at the finish line.

When you arrive back to Competition Area don't forget to read-out your SI card!

Forest is much better than first day as there are not so much fallen trees just few ones.

Day 2 - Stage 2 / Dan 2

Course Lengths / duljine staza

23rd ZAGREB OPEN	Stage 2	Map Scale
	Distance to the start = 1,5km	
M21E	6,4km /140m /19KT	1 : 7 500
W21E	4,9km /100m /18KT	1 : 7 500
M12	1,7km /20m /8KT	1 : 7 500
W12	1,7km /20m /8KT	1 : 7 500
M14	1,9km /20m /9KT	1 : 7 500
W14	1,9km /20m /9KT	1 : 7 500
M16	3,3km /70m /15KT	1 : 7 500
W16	2,8km /40m /12KT	1 : 7 500
M18	4,0km /80m /15KT	1 : 7 500
W18	3,1km /60m /12KT	1 : 7 500
M20	5,0km /120m /18KT	1 : 7 500
W21A	4,5km /100m /16KT	1 : 7 500
M21B	3,3km /70m /15KT	1 : 7 500
W21B	2,8km /40m /12KT	1 : 7 500
M35	5,0km /120m /18KT	1 : 7 500
W35	4,5km /100m /16KT	1 : 7 500
M40	4,3km /100m /16KT	1 : 7 500
W40	4,0km /80m /15KT	1 : 7 500
M45	4,0km /80m /15KT	1 : 7 500
W45	3,1km /60m /12KT	1 : 7 500
M55	3,8km /80m /15KT	1 : 7 500
W55	2,8km /50m /12KT	1 : 7 500
M60	3,8km /80m /15KT	1 : 7 500
W60	2,8km /50m /12KT	1 : 7 500
M65	2,4km /30m /10KT	1 : 7 500
W65	2,2km /30m /10KT	1 : 7 500
OPEN LONG	5,0km /120m /18KT	1 : 7 500
OPEN SHORT	1,9km /20m /9KT	1 : 7 500

Dan 3 - Stage 3

Type of Competition:	Long Distance - winner time 50-90 minutes depending on the class, younger classes less than 30min
Time limit	180 minutes
Map:	ISOM 1:10000 / printed 1:7500 for some classes / new map
Cartography:	Georgy Hadzemitev, Valentin Garkov (2019), Ivana Gobec;2020-2023
Terrain:	continental forest, hilly, some green areas, fast running
Starting List	All the categories, including Open, are required to start by start list.
Starting Corridor	3 corridors, -3 minutes
Late Starters	WARNING: There will <u>not</u> be a direct route to starting line for runners arriving late to the start. Anybody arriving late will be let on a course only when a marshal approves, probably on a vacant spot, and new starting time <u>will not</u> be granted. In the results the original starting time will count! Starting on time according to the start list is competitor's responsibility. Only in case of a special complications an organizer may give a competitor a new starting time.
Distance from CC to Start	1.500 m , flat path, follow blue-and-white stripes
Distance from Finish to CC:	none
Toilets:	Sanitary cabins
Clothes:	Longer pants and calf protection (gaiters) are highly recommended. dergrowth has thorns. Orienteering shoes are recommended. Earth is soft, and without any stones, so dub-spikes are not necessary.
Refreshment on the course	refreshment for longer courses MW21E, MW35, MW20
Refreshment on the course	water

STAGE 2 EXTRAS

Special Recommendation on stage 2:

Pivnica Kraljevec

Cerska 22, 10361 Sesvetski Kraljevec, Croatia

Location/Coordinates:

45.818389, 16.183142

- near finish area of Middle Distance on Friday 2023-07-21



The organizers recommend to the competitors who will attend Middle Distance competition to eat in this restaurant and solve the main meal in the day in a very simple manner. This is the simplest solution and very good food in a place where orienteers are known and welcomed.

It is a suitable place for accommodating a larger group of competitors, like a team arriving by bus. Excellent domestic food. Possibility of special orders for vegetarian menu and dishes without pork. Maximum price for a daily menu, with a drink, will be around 5 -10 €.

Pivnica Kraljevec osigurati će dovoljno obroka za sve zainteresirane natjecatelje po povoljnim cijenama. Slobodno naručite sa menija što želite. Roštilj je jedna od specijalnosti pivnica, a za veće grupe isplate se i mesne plate.

Dan 3 - Stage 3

Udaljenost do STARTA 2
= 250m samo za M12 AND W12



za **START 1**

Udaljenost do starta je **1.500m**
po ravnom, kroz šumu.

Ako trebate ponesite svoju vodu u
bočici koja se može baciti.

Day 3 - Stage 3

Distance to the START 2
= 250m only for M12 AND W12



FOR **START 1**

Distance to the Start is **1.500m** ,
flatt path through forest.

If you need, bring your bottle of **water**,
but bottle must be disposable (goes to
trash).

Stage 3 / Dan 3

Course Lengths / duljine staza

23rd ZAGREB OPEN	Stage 3		Map Scale
Distance to the START 1 = 1.5km, Distance to the START 2 = 250m only for M12 AND W12			
M21E	8,9km /450m /26KT		1 : 10 000
W21E	6,5km /320m /17KT		1 : 10 000
M12	1,8km /90m /7KT	START 2 !	1 : 7 500
W12	1,8km /90m /7KT	START 2 !	1 : 7 500
M14	2,2km /100m /7KT		1 : 7 500
W14	2,2km /100m /7KT		1 : 7 500
M16	4,3km /200m /11KT		1 : 7 500
W16	3,7km /180m /13KT		1 : 7 500
M18	6,4km /290m /14KT		1 : 10 000
W18	4,3km /210m /12KT		1 : 7 500
M20	7,2km /350m /17KT		1 : 10 000
W21A	5,0km /230m /13KT		1 : 7 500
M21B	4,3km /200m /11KT		1 : 7 500
W21B	3,7km /180m /13KT		1 : 7 500
M35	7,2km /350m /17KT		1 : 10 000
W35	6,0km /230m /12KT		1 : 10 000
M40	6,4km /290m /14KT		1 : 10 000
W40	4,3km /210m /12KT		1 : 7 500
M45	6,4km /290m /14KT		1 : 10 000
W45	4,3km /210m /12KT		1 : 7 500
M55	4,9km /230m /14KT		1 : 7 500
W55	3,7km /170m /14KT		1 : 7 500
M60	4,9km /230m /14KT		1 : 7 500
W60	3,0km /140m /8KT		1 : 7 500
M65	3,0km /140m /8KT		1 : 7 500
W65	2,3km /100m /8KT		1 : 7 500
OPEN LONG	7,2km /350m /17KT		1 : 10 000
OPEN SHORT	2,2km /100m /7KT		1 : 7 500