

10th South East European Orienteering Championships 2021 9th South East European Masters Orienteering Championships 2021

BULLETIN no. 2



21st Zagreb Open 2021 - 5 Days

Croatia August (24)25th - 29th, 2021

Croatia

August (24)25th - 29th, 2021



21st Zagreb Open 2021 - 5 Days Event

Foot orienteering 5-days-event opened for everybody

The orienteering courses for individual categories are the same as for matching SEEOC/SEEMOC categories! IOF rules and regulations apply, for WRE events look further info.

Entries are individual responsibility of competitors for each stage of 5-days-event: 1) Prolonged Sprint, 2) Middle Distance, 3) Sprint Distance, 4) Long Distance and 5) Middle Distance. You can chose stages independently, but for final result all 5 stages sum up. There is one victory ceremony after the last stage.

STEEOC 8
STEEMOC10th South East European2021Orienteering Championships 2021

Foot orienteering championships only for **National teams** of countries which are members of South East European Orienteering Association (SEEOA): Bosnia and Herzegovina, Bulgaria, Croatia, Cyprus, Greece, Italy, Moldova, Montenegro, North Macedonia, Romania, Serbia, Slovenia and Turkey, observer: Albania

SEEOA rules and regulations apply.

Entries are responsibility of National Federations of each country. Only a National Federation may enter competitors for these competitions: Middle Distance, Sprint Distance, Long Distance and Relay.

Incomplete teams, and teams other than national teams are not allowed to participate in Relay.



9th South East European Masters Orienteering Championships 2021

Foot orienteering championships only for runners older than M35/W35 from countries which are members of South East European Orienteering Association (SEEOA): Bosnia and Herzegovina, Bulgaria, Croatia, Cyprus, Greece, Italy, Moldova, Montenegro, North Macedonia, Romania, Serbia, Slovenia and Turkey, observer: Albania

SEEOA rules and regulations apply.

Entries are individual responsibility of competitors for these competitions: Middle Distance, Sprint Distance, Long Distance and Relay.

Incomplete teams, and teams other than one-nation-teams are not allowed to participate in Masters Relay.

Organizers:

Main Organizer:

Orienteering Club "Vihor", Zagreb, Ribnjak 2

www.vihor.hr

National Adviser: IOF Event Adviser: Tomislav Kaniški (CRO) Tomislav Varnica (CRO) Ivana Gobec (CRO) Damir Gobec (CRO)

Supporting Organizer:

Orienteering Club "Jelen", Jastrebarsko



Supported By:



DECATHLON

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General Information:

Type of Event:

- 4 Days Event for "10th South East European Orienteering Championships 2021" (August 26th-29th)
- 4 Days Event for "9th South East European Masters Orienteering Championships 2021" (August 26th-29th)
- 5 Days Event for "Zagreb Open 2021" (August 25th-29th)*

/* for 5 Days Event "Zagreb Open 2021" all stages sum up for a final result/

World Ranking Event for August 26 - Middle Distance /W21E, M21E/ World Ranking Event for August 27 - Sprint Distance /W21E, M21E/ World Ranking Event for August 28 - Long Distance /W21E, M21E/ Model Event August 24th and 25th (same terrain, same course)

Competition Centre:

Competition Centre Location(s):

Competition Centre is generally always in Student Dormitory "Stjepan Radić" and it is moving into in Finish Arenas (there will be an Info Tent).



* scheme of Zagreb Open 2021 Events SEEOC and SEEMOC Competitions are starting from Stage 2 (see schedule)

Accreditation:



Zdenko Horjan OK Vihor *CRO* SEEMOC

COMPETITOR

All registered participants for SEEOC & SEEMOC will get an accreditation and at the Event Office. Participation in the all events is only possible if all billed costs are settled until the accreditation.

All accredited persons must wear it at all relevant times and present it for access to all means of transport, authorized zones and catering.

Event Programme:

This schedule can slightly change. Check upon arrival, and watch for the daily info!

Schedule		
Tuesday 2021-08-24	10:00 a.m 4:00 p.m.	Training (Model Event) - Zagreb /Sesvetski Kraljevec/
	*any other time	same Training (Model Event) no maps, no flags, just markings on trees
	9:00 a.m - 9.30.p.m.	Competition Centre (CC) working at Student dormitory "Stjepan Radić"
Wednesday 2021-08-25	9:00 a.m - 11.00 a.m.	Competition Centre (CC) working at Student dormitory "Stjepan Radić"
	12.00 a.m 16.00p.m.	Competition Centre (CC) working at Zagreb City Center Finish Area
	9:00 - 11.00 a.m.	Training (Model Event) * same as on Tuesday maps can be picked there
	*any other time	same Training (Model Event) no maps, no flags, just markings on trees
	2:00 p.m.	Zagreb Open 2021 - Stage 1: Zagreb City Centre prolonged Sprint
	4:30 p.m.	Opening Ceremony of SEEOC & SEEMOC and Zagreb Open – Summer Theatre "Ljetna pozornicaTuškanac" (by the Finish Area of stage 1 Zagreb Open)
	6:00 p.m – 9.30 p.m.	Competition centre (CC) working at Student dormitory "Stjepan Radić"
	8.30 p.m.	Team Leaders' Meeting (TOM1) at Student dormitory "Stjepan Radić"
Thursday 2021-08-26	8.30 a.m.	Competition Centre (CC) working at Finish Arena of Sesvetski Kraljevec
	10.00 a.m.	first start Middle Distance of SEEOC & SEEMOC and Stage 2 Zagreb Open - Zagreb /Sesvetski Kraljevec/

	Around 3:00p.m.	Prize Giving Ceremony Middle Distance of SEEOC & SEEMOC at Finish Arena
	6:00 p.m – 9.30 p.m.	Competition centre (CC) working at Student dormitory "Stjepan Radić"
	8.00 p.m.	Team Leaders' Meeting (TOM2) at Student dormitory "Stjepan Radić"
Friday 2021-08-27	a.m.	Competition Centre (CC) <u>not working</u> at Finish Arena before the race because of starting quarrantine!
		*organizers are present at pre-start area
	10.00 a.m.	first start Sprint Distance of SEEOC & SEEMOC and Stage 3 Zagreb Open – Karlovac
	Around 2:00p.m.	Prize Giving Ceremony Sprint Distance of SEEOC & SEEMOC at Finish Arena
	12 a.m. – 2 p.m.	*final relay names submition Competition Centre (CC) at Finish Arena
	after Prize Giving	Team Leaders' Meeting (TOM3) at opened "classroom" or Sports Hall by the
	Ceremony	Finish Arena * TOM is both: for Long Distance and Relay!
	evening	SEEOA meeting for National Federations representatives
	6:00 p.m – 9.00 p.m.	Competition centre (CC) working at Student dormitory "Stjepan Radić"
Saturday 2021-08-28	8.00 a.m.	first bus departure from parking lot of the town of Krašić to the Finish Arena at Vukšin Šipak
	8.00 a.m.	for those who chose to walk – first disembarking at bottom of the road in Vukšin Šipak
	8.30 a.m. – 2 p.m.	Competition Centre (CC) working at Finish Arena of Vukšin Šipak
	10.00 a.m.	first start Long Distance of SEEOC & SEEMOC and Stage 4 Zagreb Open – Vukšin Šipak
	Around 3:00p.m.	Prize Giving Ceremony Long Distance of SEEOC & SEEMOC at the center of the town of Krašić
	6:00 p.m – 8.00 p.m.	Competition centre (CC) working at Student dormitory "Stjepan Radić"
Sunday 2021-08-29	7.30 a.m.	first bus departure from parking lot of the town of Krašić to the Finish Arena at Vukšin Šipak
	8.00 a.m.	for those who chose to walk – first disembarking at bottom of the road in Vukšin Šipak
	8.30 a.m. – 2 p.m.	Competition Centre (CC) working at Finish Arena of Vukšin Šipak
	10.00 a.m.	first start Relay of SEEOC & SEEMOC– Vukšin Šipak
	11.30a.m.	first start Stage 5 Zagreb Open – Middle Distance - Vukšin Šipak
	Around 3:00p.m.	Prize Giving Ceremony (1) Relay of SEEOC & SEEMOC and Prize Giving Ceremony (2) for Stages 1-5 of Zagreb Open 5 Days at the center of the town of Krašić

Please read the time schedule for working times and locations of Competition Centre during the day.

Use your accreditation and food coupon for entering the restaurant for your meals

Wear you protective COVID mask while you are not seated in the restaurant.

IMPORTANT: Entering the student dorm facilities after 10 a.m. will be possible only with your accreditation.

Opening Ceremony



The Opening Ceremony of SEEOC / SEEMOC / Zagreb Open will take place on Wednesday, 25th August at 16:30 at summer Theather Tuškanac (near the finish area of Zagreb Open stage 1 – parking lot of summer Teathar).

In case of bad weather please follow the announcement on our web site and on Facebook site.

Please be ready there at 16:15. Teams will participate in the Opening Ceremony by standing behind their country flag held by one their representative and then you will take a short walk to the Teather arena.

A short walk and introduction of teams will launch the ceremony. Due to COVID-19 restrictions a very short program and speeches will follow. Athletes are expected to be dressed in their national jerseys and to have protective mask while in the group.

GPS coordinates: 45.818545, 15.972167

Team Official meetings (TOM)

Team Officials Meeting Croatia

Most of the meetings will be held in the main building of Student dorm facilities at second floor (look at the map). TOM for long distance and relay will be held after the Sprint distance Event in Karlovac in Open air classroom if the weather allows it.

Please prepare and send all your questions for TOM on our e-mail <u>vihor.entry@gmail.com</u> at least one hour before the meeting with topic of your e-mail: TOM long distance or TOM Middle distance etc... Wear your protective mask at the meeting.

Only <u>two persons</u> from each team can be present on the meeting. You will get special accreditations for the meeting (TOM 1 and TOM 2) with the name of your country. Please give this accreditation to the person which will be present at the meeting.

Comlaints and protests

For SEEOC/SEEMOC **Claims and Complaints** will be handled by a Jury formed by South East European Association. Jury will be selected on first Team Official Meeting (TOM).

Due to the type of Zagreb Open 5 Days - Stage 1 competition a course might be annulled or cancelled in the case of a control suffering from vandalism of any sort, or any other serious issue that might emerge. Any complaint must be submitted in writing immediately after a problem occurred.

Zagreb Open 5 Days - In the case of cancelling the stage/course/ for any class, the organizer will sum-up the final results in his own manner, taking in consideration the best way to maintain fairness.

Any complaint shall be made in written form and handed over at the Arena Info Desk as soon as possible. Complaints regarding the results shall be made no later than 15 minutes after the publication of the provisional results list. A written protest can be made against the Organizer's decision about a complaint. Written protests shall be delivered personally to the IOF Senior Event Adviser along with the protest fee of 50 EUR.

Official Accomodation:

10th South East European Orienteering Championships 2021 9th South East European Masters Orienteering Championships 2021 Zagreb Open 2021

Competition centre (Student dorm "Stjepan Radić") / 1 : 3 000



Central accommodation and Event center of "SEEOC/SEEMOC 2021" and "Zagreb Open - 5 Days" event will be in Student dorm "Stjepan Radić"



Parking Possibilities around Competition Centre:

There will be NO organized parking inside Competition Centre at dorm "Stjepan Radić". Some smaller amount of parking places could be requested on special needs inside the Competition Centre at dorm. Around the dorm there are several parking places. Some are free, some are Parking zone no.3 (payment is necessary).

For teams coming with their own busses, contact the organizer. Parking inside Competition Centre at dorm "Stjepan Radić" will be possible.

Camper Vans can enter the Jarun Lake sports and recreational area, and also parking lots in Sesvetski kraljevec, Karlovac and Krašić. You can contact the organizers at <u>vihor.entry@gmail.com</u> for any further questions.

Food and Catering:

There will be some catering provided by the organizers but <u>only through pre-ordering</u>. Pre-ordered warm cooked lunch meals will be delivered in the Competition Arenas of 4 stages , but only for those who already pre-ordered.

The deadline for pre-ordering a meal has expired. Additional coupons <u>will not be</u> sold on competitions. Some food and drinks **will be** offered by the caterers at Finish Arenas, but this will not be the organizers responsibility.

Note:

The variety of food is available at markets, shopping malls and small restaurants in Zagreb and Karlovac. **But**, on last 2 days in Vukšin Šipak forest, **there are no facilities, bars and restaurants, at all**. The vehicles will be parked far away. So, you have to think about pre-ordering a meal, and/or bringing your own supplies.

Working hours for restaurant at dorm "Stjepan Radić"

Breakfast: 06:30 a.m. - 09:30 a.m.

Lunch: 12:00 a.m. - 3:00 p.m

Dinner 7:00 p.m. - 9:00 p.m.

Working hours for restaurant at "Pivnica Kraljevec" for August 24th and 25th from 12:00 – 14:00

Tickets for meals (coupons) will be given to the teams, clubs and competitors at their registration on arrival: cut it yourself for each meal



IMPORTANT NOTE:

One coupon is valid exclusively for exact date, exact time of the day and exact menu chosen. If not consumed, no money will be returned and no other meal can be claimed. Therefore, use one coupon per one exact day, time and meal as written!

FOR STUDENT DORMITORY "SC" RESTAURANT: BREAKFAST is buffet type. LUNCH and DINNER (IMPORTANT!): one coupon is valid only for 1 soup + 1 salad + 1 main dish + 1 desert / If you take more, you can not pay there, and you will be charged later by the organizer with commercial price of the meal. Remember if you do that you are possibly taking away somebody else's food! Please don't take extra food.

You can enter student dormitory "SC" restaurant only with valid SEEOC/SEEMOC/ZAGREB OPEN accreditation!

Water:

Water:

Tap water is good quality and drinkable all around Zagreb, Sesvetski Kraljevec, Karlovac and Krašić. You can drink water from pipes.

Do not drink water which will be delivered by the firefighters in water cistern!

Important note!

There is no running water / tap water / for all stages. The competitors are advised to additionally bring their own water and drinks supply. The organizer will provide some water and drinks for competitors, but certainly not enough for hydration for the whole day.



It is mandatory for everybody to bring at least **2 litters** of water **per person** for each event!

Also, watch for COVID-19 regulations, which are changing daily! There is a possibility that organizer will not be allowed to provide water refreshment by the finish (please read the final info before the race).

Anyway, the best solution is to bring your own water supply and bring enough!

Larger water tanks for shower may be organized for last two stages, but follow further info on web..

At stage in Sesvetski Kraljevec (Middle Distance of SEEOC/SEEMOC and 2nd stage of Zagreb Open 5 Days), when the start is 1800m away, you can bring your own disposable (!) bottle with water and leave it at the start, but only to be thrown away. At all other stages please <u>don't bring anything</u> to the start for the organizers to bring you back!

Baby Course each day:



"Baby Course" will be arranged in some form by the Finish Arena of each stage.

Saturday and Sunday baby course will be like "real" orienteering. Anyone can go.

You can apply on the spot, and the organizer will provide you a printed map. The price is 15kn (2€)

Categories M10 and M10:

Accompanied persons or "shadowing" is not allowed on courses of any stage. Competitors at categories M10 and W10 <u>must</u> <u>go alone.</u> Courses are easy.

At stage in Sesvetski Kraljevec (2nd stage of Zagreb Open 5 Days) kids M10, W10, M12, W12 will have distanced finish, and they have to walk back the same way they came to the start, but shorter (about 1km). At their finish they will get refreshment (water and juice).

The way back is without any car traffic, but you feel insecure, you can contact the organizer to arange an adult companion for the kid from their finish to the Finish Arena.

CONTROL DESCRIPTIONS M10 and W10

These are control descriptions for all stages of Zagreb Open 5 Days so you can explain them to little competitors:

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At each stage, somewhere by the starting flag, there will be a green "Smiley" face with a direction pointing towards the first control of M10 and W10 (but only for those two categories), in order to direct a small competitor into the right direction. This will be only by the Start Point flag.

Marked crossing point M10 W10 M12 W12:

At stage in Vukšin Šipak (3rd stage of Zagreb Open 5 Days) categories M10, W10, M12, W12 will have one marked crossing point over a very dense vegetation. This will be marked on the terrain with re-white tape, but only the passage, not the way to the passage. It will also be marked on the map like this:





Distant Finish at Middle Distance at Sesvetski Kraljevec

At stage in Sesvetski Kraljevec (Middle Distance of SEEOC/SEEMOC and 2ndstage of Zagreb Open 5 Days) some categories (MW10, MW12, MW14, W21B, W55, W60, MW65, MW70, MW75, OPEN SHORT) will have a distant finish. That means that they will walk back 1km to the Finish Arena.

All competitors will be provided with some refreshments at their distant finish, too.

They can bring their own things (some water and some clothes, etc.) and leave them by their distant finish, on the way to the start which is further away. There will be a marked spot on the way to start.

Toilets at Sesvetski Kraljevec

At stage in Sesvetski kraljevec (Middle Distance of SEEOC/SEEMOC and 2nd stage of Zagreb Open 5 Days) ten toilet cabins will be provided only in the Finish Arena.

The way to the start is 1800m long. Approximately around 1400m on that way there will be a small part of a forest where "pee by the tree" will be possible.

It is now allowed to enter the restaurant for a toilet!

Timekeeping – Sport Ident:

We will use SportIdent system for punching. SIAC will be ON at Sprint Event on stage 3 in Karlovac.

Timekeeping

All categories, including Open, are controlled through the SPORTident system (not contactless). You can use any SI-Card from version 5 above.

Only for Sprint Distance in Karlovac City Centre (Friday, 2019-08-28) SIAC contactless system will be used.

It is possible to rent "normal" SI-Card for 2€ per Stage. Upon renting you will be asked for 40€ deposit (per card), which you will be given back immediately after SI-card is returned.

Rented SI-Card will be withdrawn after the last Stage at which the competitor is registered. If the SI-Card is lost by the competitor s/he must pay a penalty of $40 \in$.

Read-out of SI Cards

Read out of SI Cards is located near the Finish line for all Stages. Don't forget to read out the data immediately after you finish the race.

Other Information:

Map Protection:

Maps are printed on non-coated synthetic paper (plastic), which is water and tear resistant, so there is absolutely <u>no</u> need for a plastic bag in any weather conditions.

Starting List

All the categories, including Open categories, are required to start by start list.

Starting procedure

The starting procedure is as follows:

(- Pre-start if stated)

- 3 Minutes: checking start bib and Si Card number, clean and check Si Cards



- 2 Minutes: take control descriptions (they are on all the maps, also)
- 1 Minute:
- 0 Start (no start-unit)
- map taking
- Passing by a starting point is mandatory

OPEN class will start on start unit. There will be no start list for Open classes.

Starting Order - Draw for SEEOC (only)

Drawing of starting list will be done in advance. National Teams will be required to send entries by classes and starting groups in advance. National teams which did not send starting groups for their competitors will be drawn by organizers choice of starting groups.

Starting Order and WRE ranking

In Elite Classes M21E/ W21E - SEEOC National Team competitors will start before "Zagreb Open" Elite Classes because South East European Championship outranks WRE Event. Then both, SEEOC M21E/ W21E classes and "Zagreb Open" M21E/ W21E classes' competitors will start in order according to their WRE ranking.

Late Starters

WARNING: There will <u>not</u> be a direct route to starting line for runners arriving late to the start. Anybody arriving late will be let on a course only when a marshal approves, probably on a vacant spot, and new starting time <u>will not</u> be granted. In the results the original starting time will count! Starting on time according to the start list is competitor's responsibility. Only in case of a special complications an organizer may give a competitor a new starting time.

Results

Live results will be displayed at the Finish area on two screens and network.

For Zagreb Open for overall winner results from all 5 stages will be added together for the ranking. All competitors running individual stages from 1-5 will count for individual ranking (SEEOC and SEEMOC classes also).

SI Station Working and Control Placement Insurance



In the case of SI station on control not working the competitor must punch manually into his own map, on the place which is printed for manual punching.

The competitor then must warn the organizer and hand out a map with those punches to the organizers upon his finish.



Most of control flags will be guarded.

Organizer will put little papers around the control on the ground, with number of control point so only if the control point is **missing** take the paper with you and bring it to the finish.

Vehicle Traffic on Courses

Forest terrains have no car-traffic, only minor non-paved vehicle tracks with rare traffic.

For Sprint stages most of the courses are without traffic, or only light traffic, but there are places which will be guarded by marshals due to heavier traffic. There will be mandatory crossings. Traffic will not stop at any time.

Tents:

Clubs <u>are allowed and advised to</u> pitch a tents on all stages! In case of doubt consult with an organizer prior to arrival. If organizer's tent is labeled with "Only for baggage" please be considerate with using that space.

Toilets:

Sanitary cabins or toilet facilities will be provided on each stage. See chapter about COVID-19.

Clothing, Footwear, etc.

For Sprint stages metal studs (dub-spikes) are allowed but not recommended at all. Ordinary asphalt running shoes may be used, but best is to use good trail-running shoes.

For "forest" stages it is recommended to use orienteering shoes. Up-to-knee protection (high orienteering socks) is highly advisable. Undergrowth has thorns.

Use high sunscreen protection SPF30+.

Bring mosquito repellent.

Spiders

There are many many spiders and spider webs among the trees this time of the year. Those spiders <u>can not harm</u> you! You are not their food, and they don't see you as a danger, so they won't bite. The spider webs are only unpleasant. Blow them off and learn to ignore them.



GPS watches:

"GPS-enabled devices (watches etc.) can be carried provided that they have no map display and are not used for navigation purposes,"

Anti-doping:

Anti-doping programs seek to preserve what is intrinsically valuable about sport. This intrinsic value is how we play true. We believe that the spirit of sport is the celebration of the human spirit, body and mind, and is characterized by the following values:

• Ethics, fair play and honesty • Health • Excellence in performance • Character and education • Fun and joy • Teamwork • Dedication and commitment • Respect for rules and laws • Respect for self and other participants • Courage • Community and solidarity.

Doping is fundamentally contrary to the spirit of sport. There is a possibility of random anti-doping test which will be done by WADA

Medical services:

First Aid Medical services will be provided in the Arenas by doctor. Each National Federation is responsible for the health and medical insurance of all their athletes and team officials. Beware of ticks. They may transmit borreliosis and encephalitis. The phone number for emergency calls in Croatia is 112.

Number bibs:



All competitors must wear their number bibs at all competitions. Number bibs will be in your team / club bag which will be handed out upon your registration. The bibs must be worn on the chest. They must be visible in their entirety – must not be folded or cut. Safety pins will be provided.

To enter the possible Quarantine(s) or mandatory transport (charter bus) it will also require a starting bib (follow further info) or adequate accreditation label.

Control descriptions:

Control descriptions are in accordance with the IOF International Specification for Control Descriptions. Control descriptions will not be distributed in Team Official's Meetings. Loose control descriptions will be handed out to runners at -2 minutes in the start proper (except for the relay competition, where there will be no lose control descriptions). Loose control descriptions have 5-6 mm wide boxes. Control descriptions are also printed on the competition maps at each competition

Taking maps and giving them back:

At the start, each competitor takes the map at his/her own responsibility. Check it to make sure that the one with correct course was taken. There is a possibility that runners 'maps <u>will be</u> collected after their finish, until the last runner has started. For other competitions you are kindly asked for fair play not to show your map to the runners who haven't started yet. All the maps from SEEOC & SEEMOC competitors should be handed out if required to your Country bag (Croatia, Slovenia, Bulgaria...) at the finish line. Maps will be given back to the team officials after the competition. For Zagreb Open competitors you are kindly asked for fair play not to show your map to the runners who haven't started yet.

Baggage transport and keeping during competitons:

There will be organized transport of baggage on a sprint day - read info on stage in Karlovac!

Please, don't leave any clothes on the start. In the case of very bad weather it will be possible to leave some clothes on the start, but you have to follow further info.

Transported or left baggage must be very neatly packed and labelled, you can use your accreditation label.

Baggage for transport must be handed to an organizer only at the marked spot.

Baggage Keeping During Competitions:

Organizer will have a **tent for keeping bags during the race on Stage in Zagreb Center and Sprint in Karlovac (Finish Area).** Left baggage must be neatly packed and labelled (organizer's labels). Bags can be picked-up only with a matching bib-number.

The runners are asked to pick up their baggage when they finish the race. The organizer will not keep the baggage after the time limit of the race expires. Follow further info.

Media coverage :

Photo/video:

GDPR (General Data Protection Regulation) - It is presumed that everybody participating approves of being photographed / filmed. The photos / videos / will be used strictly referring to this event and sports purposes. If anybody object to this, please inform the organizer.

TAKING PHOTOS

Entering terrain is strictly forbidden for everybody. We will have 3 official photographers and one video camera on each stage.

Taking pictures will be possible on last control points at finish arena.

Orientering Shop :

Orienteering shop Active sport from Hungary will be present on forest stages of the competition (2,4,5)



COVID -19

At all meetings at closed spaces please wear a mask!

Due to COVID-19 pandemic there is a possibility that some special requirements will be during the competitions. This can affect some parts of the organizing process.

Most likely there will be official Opening Ceremony and Prize Giving Ceremonies. Most likely there will be <u>no</u> official party.

No face masks will be required during the competition (start - course - finish). Due to loosening of restrictions in the summer period we will be informing you accordingly in the next months. Life in Croatia is normal, all shops are working and there are no restrictions in moving around or any curfew hours.

Entry to Croatia will be allowed with papers which state that you were vaccinated or you had Corona virus during past year. Please follow the instructions on our web page. If there will be need for some competitors to get PCR test due to need of further traveling we will provide necessary information on our web page or upon request.

wc Toilets:

Sanitary cabins or toilet facilities will be provided on each stage. It is mandatory that everybody respect these measures:



Training and Embargoed Areas:

Training Possibilities

On request, organizers can organize a training and provide training maps of similar nearby terrains.

It is not allowed to print out maps and go to training without a permission of a Club owning a map anywhere in Croatia. The permissions must be requested in written form.

For questions and terms of use contact vihor.entry@gmail.com

Model Event (training), competition areas, embargo areas, CC positions can be seen at Google earth application



Embargo area Zagreb Open Stage 2 (Middle Distance for SEEOC & SEEMOC)



Embargo area Zagreb Open stage 3 (Sprint Distance for SEEOC & SEEMOC)



Embargo area Zagreb Open stage 4&5 (long distance and relay for SEEOC & SEEMOC)

Prize Giving and Awards :

Prize Giving and Awards

SEEOC Middle Distance
SEEOC Sprint Distance
SEEOC Long Distance

- first 6 qualified in each class
- first 6 qualified in each class
- first 6 qualified in each class

SEEMOC Middle Distance SEEMOC Sprint Distance SEEMOC Long Distance

- first 3 qualified in each class
- first 3 qualified in each class
- first 3 qualified in each class

SEEOC/SEEMOC Relay Teams - first 3 qualified in each class

5 Days Event for "Zagreb Open 2021" (August 26th-29th) The 3 first qualified in each class will be awarded after all 5 stages are summed-up

Cup prizes for first 3 teams in SEEOC team competition & first 3 teams in SEEMOC competition

All prize giving ceremonies will be at the Finish Arenas (Middle distance & Sprint) and in the town Krašić (Long Distance, Relay and Zagreb Open 5 Days). In case of rain you will be informed about alternative location.

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Krašić Stage 4 & 5 (28.-29.8.2021.), Award ceremony / 1 : 3 000



KOBILJAK ~ SESVETSKI KRALJEVEC /ZAGREB/ Model Event for all forest terrains

2021/08/24(Tuesday)2021/08/25(Wednesday)

Model is organized in courtyard of Kobiljak Firefighters house. Behind the house there is a small football field.. You can leave your things only while indicated hours while the organizers are there. Otherwise leave your stuff locked in your parked cars.

There will be a sanitary toilet cabin inside courtyard.

Distance from CC: Parking Location/Coordinates:	20 km (car 35 minutes) 45.822791, 16.158562 Parking alongside main road only
	Important: Don't block firefighter's exits!!!!
Type of Competition:	Training, markings on control sites, no timing
Type of Terrain:	Beautiful clean continental forest, hilly, fast running - very similar to terrains which will be used for Middle Distance, Long Distance, and Relay
Мар:	ISOM 1:10000 & 1:7500, new map, reflecting mapping style for Middle Distance, Long Distance, and Relay
Cartography:	Ivana Gobec, 2019-2021





Model Event for SEEOC and SEEMOC time schedule:

Model maps can be taken at

1) There will be issuing of maps for training behind of Kobiljak Firefighters house:

Tuesday	2021-08-24	10:00 a.m 4:00 p.m.
Wednesday	2021-08-25	9:00 a.m 11.00 a.m.

Don't leave your belongings unattended during other times.

2) At any other time you can get maps at Competition Centre (CC) at Student dormitory "Stjepan Radić" during working hours (see before in this Bulletin).

The paper markings will stay at the forest all the time, control flags will be picked up.

ZAGREB CITY CENTER

Zagreb

2021/08/25 (Wednesday)

Zagreb Open 2021 - Stage 1: Prolonged Sprint

Distance from CC:4 km (public transport 30 minutes)Parking Location/Coordinates:4 km (public transport 30 minutes)Finish Arena Location/Coordinates:4 km (public transport 30 minutes)45.816056, 15.969585 Garage – charges by the hour45.820047, 15.972719



Finish

Arena

start

Arrival to the CC (Finish Arena 1 & Opening Ceremony) on foot /public transport/

It is recommended to arrive to this competition on foot, using public transport. If you come by your car/van/bus there is a limited number of parking places at the street and in the garage. You have to pay for parking.

ZET public transport: http://www.zet.hr/

Parking Possibilities:

There will be NO organized parking. There is public garage near the Competition center (400m) with 465 places. Price is 10,00 kn for 1 hour $(1,5\epsilon)$. Busses can leave the competitors near the Competition center and go to parking places for the busses on several places in the town (ask us if you need directions).

Parking in the center of Zagreb is hard to find, except in a public garages. It is recommended to park your car inside one of the parking garages. There is insufficient parking on streets but you may try to find it. Payments is usually by cash on a parking machine or with SMS message with your mobile phone.

It is **not** possible to park a larger camper-van inside a garage. Garage has limited height (2,3m.) !



parking zones (Monday - Saturday)

There are 24,174 parking places in Zagreb but try and find a spot when you need it!

Zagreb has three parking zones. Parking in the red zone in the city Centre costs 12 kn (1.8€) an hour (max. 2h), in the yellow zone 5kn (0,7€) an hour (max. 2h) and in the green zone 2kn (0,28€) an hour (no time limits). The daily rates are 100Kn (13,5€) in the red zone, 60Kn (8,1€), 20Kn (2,7€) in the yellow and green zones respectively. Daily tickets can be purchased in the post office.

IMPORTANT:

Some last minute changes in parking zones happened so please check the colour of the zone when parking.

There are also some bigger parking lots with price of only 10kn for whole day (1,5€). From there you can use public transport to the competition centre. Distances are really small and ticket can be purchased for only 0,60€ (half our ticket)



Map and Courses Info - 2020/08/25 (Wednesday) Zagreb Open 2021 - Stage 1: Prolonged Sprint Distance

Date	2020/08/25 (Wednesday)
Coordinates of parking	45.816056, 15.969585
Coordinates of Arena	45.820047, 15.972719
Type of Competition:	Zagreb Open 2021 - Stage 1: Prolonged Sprint Distance Prolonged Sprint - winner time 30-40 min
Мар:	Zagreb (City Centre)
Standard	IOF ISSprOM2019
Scale	1:4000 , Contour interval 2.5m
Cartography:	Ivana Gobec 2019; Jan Gobec, Tomislav Varnica - updates 2021
Course Planning	Tomislav Varnica, Damir Gobec, Tomislav Vuk
Type of Terrain:	Urban area, blocks of buildings, paved streets and squares, mostly pedestrian area, city parks, urban forest, flat and very steep parts
Speed:	It is either completely flat or very steep. Very fast for running on flat parts and downhill. Please respect pedestrians.
First Start:	2:00 p.m.
Distance to the Start	800m, 0m climb
Warm Up	on the way to start
Pre-Start	no Pre-Start
First Corridor	-3 minutes
Maximum running time	90 minutes
SIAC	no (no contactless punching)
Water on the course:	no
Mandatory crossings or routes:	no mandatory crossings, no mandatory routes
Quarantines	no quarantines
Toilets by the start	no
Baggage Transport	no
Baggage Keeping	yes, if handed over to the "baggage keeping" tent
Baby Course	at the Finish Arena, after 3:30
Prize Giving	Opening Ceremony of SEEOC/SEEMOC/Zagreb Open 5 days at 4:30 p.m in the
Ceremony	summer Theater near the finish area (parking lot of the Teather)

Courses Info

COURSE	CONTROLS	LENGTH	CLIMB	COURSE	CONTROLS	LENGTH	CLIMB
M10	8	1,1 km	80 m	W10	8	1,1 km	80 m
M12	11	1,6 km	80 m	W12	11	1,6 km	80 m
M14	12	2,2 km	100 m	W14	12	2,2 km	100 m
M16	17	2,9 km	150 m	W16	15	2,8 km	150 m
M18	18	3 <i>,</i> 0 km	160 m	W18	17	2,9 km	150 m
M20	16	3 <i>,</i> 0 km	170 m	W20	16	3,0 km	150 m
M21A	16	3 <i>,</i> 0 km	150 m	W21A	18	3,0 km	160 m
M21B	17	2 <i>,</i> 9 km	150 m	W21B	14	2,3 km	130 m
M21E	17	3,3 km	180 m	W21E	16	3,0 km	170 m
M35	16	3 <i>,</i> 0 km	170 m	W35	18	3,0 km	160 m
M40	16	3 <i>,</i> 0 km	150 m	W40	18	2,8 km	130 m
M45	16	3 <i>,</i> 0 km	150 m	W45	18	2,8 km	130 m
M50	17	2 <i>,</i> 9 km	150 m	W50	15	2,8 km	150 m
M55	18	2 <i>,</i> 8 km	130 m	W55	16	2,3 km	120 m
M60	15	2 <i>,</i> 8 km	150 m	W60	14	2,3 km	130 m
M65	16	2,3 km	120 m	W65	14	2,3 km	130 m
M70	7	1,0 km	90 m	W70	8	1,2 km	90 m
M75	8	1,2 km	90 m	W75	8	1,2 km	90 m
OPEN LONG	16	3,0 km	150 m				
OPEN SHORT	12	2,2 km	100 m				

• Slight differences are possible due to last minute changes

Map Sample:



Special symbols:

×	rootstock or tree trunk
×	man made feature
0	monument, artwork
o	decorative lamp
*	water hydrant, fountain, pipe
	out of bounds area (bar terrace)

out of bounds (forbidden) area - dangerous

Special notes: A route choice is possible through sanctuary Kamenita vrata ("Stone gate"). It is not specially marked on the map, because it is a short public passage, but please pay attention to people praying, and slow down.

There are many construction zones represented on a map, and terraces of bars and restaurants → indicated with ISprOM symbol. no. 714.(light pink)

There might be more of those in terrain than in a map. Keep away.

Private entries to courtyards in house blocks may be open or closed. They are not shown on the map, or they are shown with ISprOM symbol. no. 520 (olive green) as private property or a canopy ISprOM symbol no. 522 (grey) leading to private courtyard. Those will not be used for controls. A runner cannot benefit passing through.

Vehicle Traffic on Courses:

The traffic will not stop at any time. Busy roads have brown 40%

Stage 3 is a city Centre with mostly pedestrian's zone, but possible light traffic, except one tram line. **Be very careful if crossing rails, because a tram is not obligated to stop because of a pedestrian!!!** Cross the street watching for tram on both sides (left and right)!!!



Zagreb City Center - Map Sample:

Zagreb City Center - Photos:



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SESVETSKI KRALJEVEC /ZAGREB/

2021/08/26 (Thursday)

SEEOC and SEEMOC: Middle Distance Zagreb Open 2021 - Stage 2: Middle Distance

Distance from CC:25 km (car 30 minutes)Parking Location/Coordinates:45.812523, 16.183815Finish Arena Location/Coordinates:45.818841, 16.185167



Sesvetski Kraljevec - Transport:





Map and Courses Info - 2021/08/26 (Thursday)

SEEOC and SEEMOC: Middle Distance Zagreb Open 2021 - Stage 2: Middle Distance

Date	2021/08/26 (Thursday)
Coordinates of parking	45.812523, 16.183815
Coordinates of arena	45.818841, 16.185167
	SEEOC and SEEMOC: Middle Distance
Type of Competition:	Zagreb Open 2021 - Stage 2: Middle Distance World Ranking Event - WRE
Мар:	Sesvetski Kraljevec (Zagreb) new map, never used for orienteering before
Standard	IOF ISOM 2017-2
Scale	1:7500 , Contour interval 5.0 m
Cartography:	Georgi Hadzhimitev, Valentin Garkov 2018-2019
Gallography.	Ivana Gobec, Damir Gobec 2021
Course Planning:	Damir Gobec (CRO)
IOF Adviser:	Ivana Gobec (CRO)
National Adviser:	Tomislav Kaniški (CRO)
Field Check:	Petar Strmečki, Tomislav Vuk, Tomislav Varnica
Type of Terrain:	Beautiful mostly clean continental forest, slightly hilly, very detailed, very technical
Speed:	very fast running
First Start:	10:00 a.m.
Distance to the Start	1800m, 0m climb

Warm Up	on the way to start					
Pre-Start	no Pre-Start					
First Corridor	-3 minutes					
Maximum running	120 minutes					
time						
SIAC	no (no contactless punching)					
Water on the course:	no					
Mandatory crossings	no mandatory crossings, no mandatory routes					
or routes:	The manualory crossings, no manualory routes					
Quarantines	no quarantines					
Toilets by the start	improvised, "pee by a tree"					
Baggage Transport	no					
Baggage Keeping	yes, if handed over to the "baggage keeping" tent					
Baby Course	at the Finish Arena, after 12:00					
Prize Giving	SEEOC/SEEMOC by the Einish Arona, around 2:00 p.m.					
Ceremony	SEEOC/SEEMOC by the Finish Arena, around.3:00 p.m					

Courses Info

Course Summary for MIDDLE DISTANCE 2021-08-26

COURSE	CONTROLS	LENGTH	CLIMB	COURSE	CONTROLS	LENGTH	CLIMB
M10	6	1,0 km	10 m	W10	6	1,0 km	10 m
M12	8	1,3 km	20 m	W12	8	1,3 km	20 m
M14	12	2,5 km	50 m	W14	12	2,5 km	50 m
M16	15	3,1 km	100 m	W16	12	2,8 km	100 m
M18	17	4,2 km	120 m	W18	15	3,4 km	90 m
M20	19	4,7 km	120 m	W20	17	4,0 km	120 m
M21A	19	4,7 km	120 m	W21A	17	4,0 km	120 m
M21B	15	3,5 km	90 m	W21B	12	3,2 km	80 m
M21E	21	5,7 km	190 m	W21E	19	4,4 km	150 m
M35	19	4,7 km	120 m	W35	17	4,0 km	120 m
M40	18	4,8 km	120 m	W40	15	3,1 km	100 m
M45	18	4,8 km	120 m	W45	15	3,1 km	100 m
M50	17	4,2 km	120 m	W50	15	3,5 km	90 m
M55	15	3,4 km	90 m	W55	12	3,2 km	80 m
M60	12	2,8 km	100 m	W60	11	2,8 km	70 m
M65	11	2,8 km	70 m	W65	13	2,4 km	40 m
M70	13	2,4 km	40 m	W70	10	2,3 km	40 m

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M75	10	2,3 km	40 m	W75	10	2,3 km	40 m
OPEN LONG	17	4,0 km	120 m				
OPEN SHORT	12	2,5 km	50 m				

Slight differences are possible due to last minute changes

Dugo Selo / Sesvetski Kraljevec - Map Sample:



SPECIAL SYMBOLS:



rootstock or tree trunk man made feature out of bounds area (dangerous)

NON STANDARD COLOR



4 thshade of green, representing 0% chance of passing through






Dugo Selo / Sesvetski Kraljevec - Photos:

KARLOVAC CITY CENTER

2021/08/27 (Friday)

SEEOC and SEEMOC: Sprint Distance Zagreb Open 2021 - Stage 3: Sprint Distance

Distance from CC: Parking Location/Coordinates: 50 km (highway 40 minutes + city traffic) **45.484754, 15.562088**



Karlovac - Transport:







Map and Courses Info - 2021/08/27 (Friday) SEEOC and SEEMOC: Sprint Distance

Zagreb Open 2021 - Stage 3: Sprint Distance

Date	2021/08/27 (Friday)				
Coordinates of parking	45.484754, 15.562088				
Coordinates of arena	45.485560, 15.559235				
Type of Competition:	SEEOC and SEEMOC: Sprint Distance Zagreb Open 2021 - Stage 3: Sprint Distance World Ranking Event WRE				
Мар:	Karlovac City new map, terrain used for World Trail Orienteering Championships 2015				
Standard	IOF ISSprOM2019				
Scale	1:4000 , Contour interval 5.0 m				
Cartography:	Ivana Gobec, Damir Gobec; 2021				
Course Planning:	Tomislav Varnica (CRO)				
IOF Adviser:	Damir Gobec (CRO)				
National Adviser:	Tomislav Kaniški (CRO)				
Field Check:	Boško Opalić, Ivana Gobec				
Type of Terrain:	Flat with some steep earth banks, beautiful urban area, blocks of buildings, parks, mostly pedestrian area, Arboretum				
Speed:	maximum running speed				
First Start:	10:00 a.m				
Distance to the Start	100m from parking to the Pre-start				
Warm Up	on the way to start and minutes during pre-start time				
Pre-Start	Pre-Start -10 minutes prior to the real start				
First Corridor	-3 minutes				
Maximum running time	60 minutes				
SIAC	YES				
Water on the course:	no				
Mandatory crossings or routes:	no mandatory crossings, no mandatory routes				
Quarantines	YES. Start Quarrantine at the Stadium parking lot and by east coast of river Korana* *it is possible to swim in the river, as long as keeping by the east coast *it is possible to visit Aquatika Freshwater Museum Toilets inside Stadium complex				
Toilets by the start	Yes, after the entrance to the Pre-start				
Baggage Transport	Yes. Label your bag, and leave it on the marked spot in order to be transferred to the Finish arena				
Baggage Keeping	No. Pick the bags up after finising the course.				
Baby Course	at the Finish Arena, after 12:00				
Prize Giving Ceremony	by the Finish Arena, around 2:00 p.m.				

Courses Info

COURSE	CONTROLS	LENGTH	CLIMB	COURSE	CONTROLS	LENGTH	CLIMB
M10	10	0,8 km	10	W10	10	0,8 km	10
M12	9	1,6 km	10	W12	9	1,6 km	10
M14	12	2,1 km	15	W14	10	2,0	15
M16	15	3,0 km	20	W16	16	2,6	10
M18	18	3,3 km	15	W18	16	2,9	15
M20	18	3,6 km	20	W20	17	3,1	20
M21A	19	3,4 km	25	W21A	17	3,1	20
M21B	15	3,0 km	20	W21B	16	2,6	10
M21E	24	4,1 km	25	W21E	19	3,4	25
M35	15	3,4 km	15	W35	16	2,9	15
M40	15	3,4 km	15	W40	16	2,8 km	20
M45	18	3,3 km	15	W45	14	2,4 km	10
M50	15	3,0 km	20	W50	12	2,4 km	10
M55	16	2,8 km	20	W55	12	2,4 km	10
M60	12	2,4 km	10	W60	12	2,1 km	15
M65	12	2,1 km	15	W65	10	2,0 km	15
M70	9	1,7 km	10	W70	9	1,7 km	10
M75	9	1,7 km	10	W75	9	1,7 km	10
OPEN LONG	17	3,1	20				
OPEN SHORT	12	2,1 km	15				

• Slight differences are possible due to last minute changes

Karlovac - Map Sample:

Karlovac - Map Sample: (map used at WTOC2015 Temp-O) Karlovac - Photo:

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VUKŠIN ŠIPAK (KRAŠIĆ)

2021/08/28 (Saturday)

SEEOC and SEEMOC: Long Distance Zagreb Open 2021 - Stage 4: Long Distance

... and same place

2021/08/29 (Sunday)

SEEOC and SEEMOC National Teams: Relay Zagreb Open 2021 - Stage 5: Middle Distance

Distance from CC:

46 km (car 50 minutes) to official parking + Charter Bus 7km (IMPORTANT!)



Parking Location/Coordinates:

45.653192, 15.520347



Vukšin Šipak - Transport:



*everybody goes back to Krašić by bus (mandatory!)

No transport is mandatory, except this official official Charter^{*} Bus driving in between parking lot in Krašić and Competition Area in Vukšin Šipak during Stage 4 (Saturday 2021-08-28) and Stage 5 (Sunday 2021-08-29)



There will be an official parking lot in Krašić and an **official Charter Bus** driving in between parking of stages in Krašić to a Competition Arena (finish area) in Vukšin Šipak.

This information applies to everybody: all the competitors and all the accompanied persons who want to reach the Arena.

The reason for this arrangement is that the uphill road to the Finish Arena is too narrow for a car and a bus to pass by each other.

All the people riding on a Charter Bus must be either:

- a competitor from SEEOC/SEEMOC/ZAGREB OPEN competitions with a valid number bib (start number) free ride, but must register
- any other accredited person free ride, but must register
- not-accredited person with a ticket purchased from the organizer in advance 10€, must register

Deadline for application for a a bus ticket is in the Event Centre day before the competition. More information and time schedule will be available in daily info

Note: Due to laws, no money will be accepted on the bus! Organizer accepts no complaints and takes no responsibility if the registration is not made on time and if a person cannot reach the Arena.

ALTERNATIVELY TO THE BUS:

The only other possibility is that a team cars or vans disembark people by the main road (they will be stopped 1.4km away for the Competition Arena). People then walk 1.4km to the Competition Arena, but the cars and vans must return to an official parking and the driver must register and take a Charter Bus to the Arena.

Summary on Mandatory Transport by official Charter Bus:

	price for Charter Bus	registration for official
	Krašić - Competiton Arena - Karašić	Charter Bus
SEEOC/SEEMOC Competitor	free ride	registration not needed
Zagreb Open Competitor	free ride	registration not needed
any other accredited person	free ride	registration not needed
not-accredited person,	Ticket price 10€ / 5€ day/	must register until deadline
accompanied persons		August 27th, 2021
people walking from disembarking point	-	-



WARNING !

Driving and walking through the embargo area is **strictly forbidden**. Therefore, in addition to the fact that it is too far (approx. 7.5 km), there is no option for walking full distance from Krašić to the Competition Arena.

Parking along the main road is not possible and will be controlled by the police. All traffic will be stopped approximately 1.5km away from the Competition Arena, at the north-eastern bottom of the road which is turning uphill from the main road.

For cars parked inside the embargo area or driving through the embargo area, the individuals and whole teams could be disqualified.

Do not try to outsmart the organizers, because all no-asphalt roads go through mapped area and you <u>will</u> be disqualified from both competitions.

NOTE !

Teams with their own busses are requested to <u>contact the organizer</u> so we can arrange special procedure. The busses will be able to reach the Finish Arena, disembark competitors, and then go to Krašić parking lot. There can only be one bus going up and down at the same time. They can not pass by each other.

Map and Courses Info - 2021/08/28 (Saturday) SEEOC and SEEMOC: Long Distance Zagreb Open 2021 - Stage 4: Long Distance

Date	2021/08/28 (Saturday)				
Coordinates of parking	45.653192, 15.520347				
Coordinates of arena	45.611769, 15.552159				
Type of Competition:	SEEOC and SEEMOC: Long Distance Zagreb Open 2021 - Stage 4: Long Distance WRE				
Мар:	Vukšin Šipak (Krašić) new map, never used for orienteering before				
Standard	IOF ISOM 2017-2				
Scale	1:10 000 , Contour interval 5.0 m 1:7500 , Contour interval 5.0 m for some kids and older categories MW10, MW12, W65, MW70, MW75				
Cartography:	Georgi Hadzhimitev, Valentin Garkov 2019 Ivana Gobec, Damir Gobec 2020-2021				
Course Planning:	Damir Gobec (CRO)				
IOF Adviser:	Ivana Gobec (CRO)				
National Adviser:	Tomislav Kaniški (CRO)				
Field Check:	Fomislav Vuk, Tomislav Varnica, Boško Opalić, Daniel Fabijanić				
Type of Terrain:	Beautiful mostly clean continental forest, hilly, detailed				
Speed:	ast running				
First Start:	10:00				
Distance to the Start	400m, 0m climb				
Warm Up	on the way to start				
Pre-Start	no Pre-Start				
First Corridor	-3 minutes				
Maximum running time	180 minutes				
SIAC	no (no contactless punching)				
Water on the course:	Yes, for classes M21E, W21E, M18, MW20, MW35, M40, M45, M50, M21A, OPEN LONG				
Mandatory crossings or routes:	no mandatory crossings, no mandatory routes Except M10, W10, M12, W12 – mandatory passage. Passage is marked.				
Quarantines	no quarantines				
Toilets by the start	no				
Baggage Transport	no				
Baggage Keeping	no				
Baby Course	at the Finish Arena, after 12:00				
Prize Giving Ceremony	SEEOC/SEEMOC in the town of Krašić (7km from Vukšin Šipak) near the parking lot				

Slight differences are possible due to last minute changes

Courses Info

Course Summary for LONG DISTANCE 2021-08-28

COURSE	CONTROLS	LENGTH	CLIMB	COURSE	CONTROLS	LENGTH	CLIMB
M10	7	1,6 km	50 m	W10	7	1,6 km	50 m
M12	9	1,8 km	70 m	W12	9	1,8 km	70 m
M14	9	2,0 km	80 m	W14	9	2,0 km	80 m
M16	16	4,6 km	220 m	W16	12	4,2 km	220 m
M18	22	6,3 km	330 m	W18	14	5,0 km	250 m
M20	23	7,1 km	390 m	W20	16	5,7 km	310 m
M21A	16	5,7 km	310 m	W21A	14	5,0 km	250 m
M21B	11	3,1 km	140 m	W21B	9	3,4 km	160 m
M21E	29	10,1 km	520 m	W21E	21	7,1 km	370 m
M35	23	7,1 km	390 m	W35	16	6,1 km	300 m
M40	22	6,3 km	330 m	W40	14	5,0 km	250 m
M45	16	6,1 km	300 m	W45	14	4,7 km	230 m
M50	16	5,7 km	310 m	W50	12	4,2 km	220 m
M55	14	4,7 km	230 m	W55	9	3,4 km	160 m
M60	16	4,6 km	220 m	W60	11	3,1 km	140 m
M65	11	3,1 km	140 m	W65	9	2,2 km	110 m
M70	9	2,2 km	110 m	W70	11	2,1 km	70 m
M75	11	2,1 km	70 m	W75	11	2,1 km	70 m
OPEN LONG	16	6,1 km	300 m				
OPEN SHORT	9	2,0 km	80 m				

Vukšin Šipak – Long Distance - Map Sample:



Special Symbols and Colors:

Same as at Middle distance. See before in this Bulletin.

Map and Courses Info - 2021/08/29 (Sunday) SEEOC and SEEMOC: Relay Zagreb Open 2021 - Stage 5: Middle Distance

Date	2021/08/29 (Sunday)				
Coordinates of parking	45.653192, 15.520347				
Coordinates of arena	45.611769, 15.552159				
Type of Competition:	SEEOC and SEEMOC: Relay Zagreb Open 2021 - Stage 5: Middle Distance				
Мар:	Vukšin Šipak (Krašić) new map, never used for orienteering before				
Standard	IOF ISOM 2017-2				
Scale	1:10 000 , Contour interval 5.0 m - for all Relay 1:7500 , Contour interval 5.0 m - for all Middle Distance				
Cartography:	Georgi Hadzhimitev, Valentin Garkov 2019 Ivana Gobec, Damir Gobec 2020-2021				
Course Planning:	Tomislav Vuk (CRO), Damir Gobec (CRO)				
IOF Adviser:	Ivana Gobec (CRO)				
National Adviser:	Tomislav Kaniški (CRO)				
Field Check:	Tomislav Varnica, Boško Opalić, Daniel Fabijanić				
Type of Terrain:	Beautiful mostly clean continental forest, hilly, detailed, very technical				
Speed:	fast running				
First Start:	10:00 a.m.				
Distance to the Start	0m Relay, 200m for Middle Distance, 0m climb				
Warm Up	around finish arena				
Pre-Start	no Pre-Start				
First Corridor	-3 minutes				
Maximum running time	270 minutes for Relay; 120 minutes for Middle Distance Event				
SIAC	no (no contactless punching)				
Water on the course:	no				
Mandatory crossings	no mandatory crossings, no mandatory routes				
or routes:	except corridor for Relay legs exchange				
Quarantines	no quarantines				
Toilets by the start	no				
Baggage Transport	no				
Baggage Keeping	no				
Baby Course	at the Finish Arena, after 12:00				
Prize Giving	SEEOC/SEEMOC - in the town of Krašić (7km from Vukšin Šipak)				
Ceremony	Zagreb Open after 5 days - in the town of Krašić (7km from Vukšin Šipak) near parking lot				

Courses Info

Course Summary for MIDDLE DISTANCE(2) 2021-08-22

COURSE	CONTROLS	LENGTH	CLIMB	COURSE	CONTROLS	LENGTH	CLIMB
M10	6	0,8 km	20 m	W10	6	0,8 km	20 m
M12	10	1,4 km	60 m	W12	10	1,4 km	60 m
M14	11	1,8 km	80 m	W14	11	1,8 km	80 m
M16	13	3,1 km	150 m	W16	12	2,7 km	120 m
M18	14	3,8 km	180 m	W18	12	3,3 km	140 m
M20	17	4,4 km	190 m	W20	16	3,7 km	150 m
M21A	17	4,4 km	190 m	W21A	16	3,7 km	150 m
M21B	13	3,2 km	140 m	W21B	12	2,9 km	140 m
M21E	24	4,9 km	220 m	W21E	17	4,2 km	180 m
M35	17	4,4 km	190 m	W35	16	3,7 km	150 m
M40	16	4,0 km	180 m	W40	13	3,1 km	150 m
M45	16	4,0 km	180 m	W45	13	3,1 km	150 m
M50	14	3,8 km	180 m	W50	13	3,2 km	140 m
M55	12	3,3 km	140 m	W55	12	2,9 km	140 m
M60	12	2,7 km	120 m	W60	11	2,8 km	130 m
M65	11	2,8 km	130 m	W65	9	1,9 km	90 m
M70	9	1,9 km	90 m	W70	9	1,6 km	70 m
M75	9	1,6 km	70 m	W75	9	1,6 km	70 m
OPEN LONG	16	3,7 km	150 m				
OPEN SHORT	11	1,8 km	80 m				

Slight differences are possible due to last minute changes

COURSE	CONTROLS	LENGTH	CLIMB	COURSE	CONTROLS	LENGTH	CLIMB
M21	21	5,0–5,2 km	240	W21	18	4,3–4,6 km	200
M20	17	4,4–4,6 km	205	W20	16	4,2–4,5 km	200
M18	16	3,9–4,0 km	170 m	W18	14	3,6–3,8 km	130 m
M16	16	3,8–3,9 km	150 m	W16	15	3,5–3,6 km	140 m
MIX35	16	4,5–4,6 km	190 m				
MIX45	16	3,8–4,2 km	170 m				
MIX55	13	3,4–3,6 km	150 m				

Course Summary for SEEOC / SEEMOC RELAY 2021-08 29

Slight differences are possible due to last minute changes

Vukšin Šipak – Long Distance - Map Sample:



Special Symbols and Colors:

Same as at Middle distance. See before in this Bulletin.

Krašić - Photos:



Additional information

Arriving to Zagreb by Bus and Train: The main railway station and international bus terminals are situated in the centre of Zagreb. Bus: <u>https://www.akz.hr/en</u> Train: <u>http://www.hzpp.hr/en</u>

Transport from Airport:

ZET (Zagreb Electric Tram) Bus line no. 290: AIRPORT ZAGREB - KVATERNIKOV TRG http://www.zagreb-airport.hr/en/passengers/to-from-the-airport/by-zet-bus/431

Bus to the main bus station in City centre https://www.zagreb-airport.hr/en/passengers/to-from-the-airport/by-airport-shuttle/89

Departures are scheduled every 35 minutes. First departure on weekdays and Saturdays from Kvaternik Square is at 04:20a.m. and on Sundays at 05:20a.m., while the last departure from Velika Gorica is every day at 00:15a.m. Check the costs: probably 6+6kn (≈2€)., because there are 2 zones.

Public Transport in the City of Zagreb:

ZET public transport: http://www.zet.hr/



It is recommended to buy one-time tickets for a single ride on newspaper kiosk. You can purchase a ticket inside the vehicle, but not recommended, because it is 30% more expensive.

The <u>cheapest single ride ticket is only 4kn</u> and it is valid for 30 minutes in one direction. There are also tickets for a single ride which are valid for 60 minutes (7kn) and 90 minutes (10kn). $/ 1 \in \approx 7.4$ kn /

Taking a **daily ticket** is also recommended. A daily ticket for all city buses and tram lines costs $30 \text{kn} \ (\approx 4 \in)$. Ask for "dnevna karta" = a ticket for a whole day. A daily ticket can most commonly be purchased from a driver. It is valid for only for that particular date and it must be "punched" during the first ride.

Taxi Services:

There are many taxi services in Zagreb. They are almost the same price. Use the approximate calculator and be aware of the price. Ask in advance for approximate price.

Online price calculator: https://taxicijene.info/



Currency and Payments in Croatia:

The currency in Croatia is "kuna" (HRK). <u>NOTE:</u> If you pay cash, Euros are not accepted, except on highways! Upon arrival you will need cash in "kuna" almost immediately (for taxi, public transport, parking machines...). Money exchange offices ("Mjenjačnica") are convenient everywhere, but most of them have working hours. Banks and post offices will also change money at about the same rate as exchange offices but their opening hours are shorter. You will pay a commission of about 3%. ATMs are convenient and reliable. Just look for the "Bankomat" sign.

Payment via debit cards or credit cards is acceptable almost in every store or a restaurant, but if you want to buy smaller things like ice-cream or drinks etc. you can only pay in cash in kunas (HRK = kn).

Weather Conditions:

Climate in Zagreb and Karlovac is continental August is high summer, with the average temperatures rarely falling below 19°C or exceeding 33°C, but last couple of seasons the temperatures might hit higher than 35°C. August average nights are comfortable as the temperatures mostly stay below 19°C and the humidity is moderate. A thunderstorm once every 3-4 days can be expected, as well as it is possible to have a few rainy days in a row. An umbrella and raincoat are convenient to take care of the rain.

For precise weather forecast during WTOC check out the Croatian meteo service: www.meteo.hr

Use sunscreen, since you can get very sunburned. Drink plenty of water, stay hydrated. Use mosquito repellent on forest stages.

First Aid and Ambulance:

A medical doctor will be present on every Stage at the finish area.

Competitors are not insured by organizer. Organizer takes no responsibility for any injuries or health issues that might happen or occur among the participants before, during or after competitions. Each competitor takes part solely on his/her own responsibility. Personal health and travel insurance policy is recommended.

In a case of a serious problem the Ambulance Emergency will be called. The common emergency telephone number is 112. It can be dialled free of charge from any fixed or mobile telephone in order to reach emergency services (ambulance, fire and rescue, police). There is also a direct number 194 for Emergency medical help. Emergency medical care in Croatia is provided for free to anyone requiring urgent attention. Any cost of possible later therapy must be covered by patients' personal insurance. In cases of therapy the European Health Insurance Card (EHIC) is valid in Croatia, but only for those who own it. Any costs that my emerge, and EHIC doesn't cover, shall be covered by a patient.

EVENT T-shirt

Pre-ordered T-shirts and tops will be available at CC office.

There will be event T-shirts, limited amounts in size and colours for sale at price of 60,00kn.



FOREST GREEN UNISEX





Pivnica Kraljevec

Cerska 22, 10361 Sesvetski Kraljevec, Croatia

Location/Coordinates: 45.818389, 16.183142 near finish area of Middle Distance on Thursday 2021-08-26 2,5 km from Model Event on Tuesday 2021-08-24 / Wednesday 2021-08-25

Lunch area for August 24th, 25th and 26th

IMPORTANT



YOU ARE NOT ALLOWED TO WALK ANYWHERE AROUND THE RESTAURANT ON AUGUST 24TH AND 25TH

T IS AN EMBARGC

AREA

Pivnica Kraljevec provides lunch on August 24th and 25th for teams which ordered lunch as this option. Lunch for all competitors which preordered lunch on August 26th at middle distance competition (stage 2) will also be provided here. It is necessary to have official coupon for the lunch.



Don't forget!

COMPASS	SPORT-IDENT CARD	WATER Bottle	Bib number Food coupon
CEO/ALTE			Accreditation Water (at least 21 per event) COVID mask
GOOD IO I PROTECTIV		CTIVE	Safety pins MOSQUITO
GAITERS	EYEW	EAR	REPELLENT
		R	
	SUN SCREEN	SWIMM Suit	
			8



Bathing areas nearby

ZAGREB: Jarun Lake

45.780799, 15.935353



Stage KARLOVAC: Korana river, Foginovo kupalište

45.484533, 15.559675



Stage VUKŠIN ŠIPAK / KRAŠIĆ: Kupa river, Ozalj

45.615136, 15.479909



Summary on this Bulletin

Summary:

To make it easier on organizers, please:

- Read!
- Watch for the deadlines, especially for Relay submission.
- Be on time, it is totally your responsibility.
- Respect organizers demands. Respect rules.
- Respect COVID-19 regulations

Official web page: https://vihor.hr/en/seeoc/

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vihor@vihor.hr

Image: bit ps://www.facebook.com/seeoc2020/
https://www.instagram.com/zagrebopen
https://www.facebook.com/events/831301890594200/